Lesson 8

Moses – The 5th Commandment

Objective

Study Exodus 20, the 5th Commandment – Honor your parents/caregivers. Look at what Jesus says we do today. Do activities to remember the Commandments.

Supplies

Teachers and/or Coordinators ensure supplies are ready prior to each class.

Print From the Site:

- 5th Commandment Activity Sheet – one per student
- Bibles – enough for everyone to have one
- Pens/Pencils/Crayons/Pencil Crayons
- Attendance Chart
- Stickers (for attendance)
- Songs About Moses – one per two students and one for teacher
- 10 Commandments Visual Aid – one for teacher from lesson 4
- 10 Commandments Poster – one per student from lesson 4

Optional Supplies

Print From the Site:

- 10 Commandments Card Set – one per student or 1 per every 2 students (try to print on white cardstock paper) These will stay in the classroom
- Scissors – for teacher or students to cut out cards
- Paper bag or sandwich bag – to put cards into – one bag per set of cards printed
- Snack: 5 Fruit Slices or Crackers – 5 per student
- Napkins – one per student

Teacher Tips

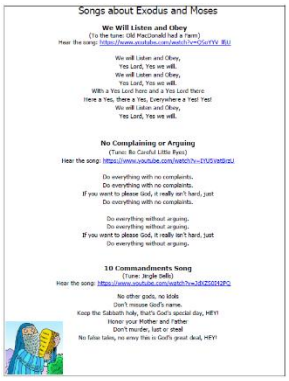
★ See Lesson 1 for ideas.

1) Introduction to Lesson

As students enter, welcome them and take attendance.

Does anyone remember what we studied last week? We studied the fourth commandment of the Ten Commandments God gave the Israelites through Moses on the mountain of Sinai.
Can anyone recite the fourth commandment from Exodus 20:8? Remember the Sabbath day by keeping it holy.
Do we keep the Sabbath day today? No, because Jesus through the apostles tells us as Christians we are to worship God on the first day of the week – Sunday. (See Acts 20:7 and 1 Corinthians 16:2 if students have questions about this who missed last week.)
This, so far, is the only of the 10 Commandments that Jesus did not restate we follow in the New Testament. We know we worship on Sunday not the Sabbath. For only the Israelites who were slaves in Egypt were to keep the Sabbath. (Deuteronomy 5:12-15).

Today we will look at the fifth commandment and how it relates to us now that we have the New Testament.

Do you think God cares about how we treat our family and the people who take care of us? Let students answer.
We will see that God does care very much about how we treat others. We are to respect and honor our parents and caregivers.

Songs about Exodus and Moses

We Will Listen and Obey
(To the tune: Old MacDonald had a Farm)
Hear the song: https://www.youtube.com/watch?v=ZUrYV_8lU

We will Listen and Obey,
Yes Lord, Yes we will.
We will Listen and Obey,
Yes Lord, Yes we will.
With a Yes Lord here and a Yes Lord there
Here a Yes, there a Yes, Everywhere a Yes! Yes!
We will Listen and Obey,
Yes Lord, Yes we will.

No Complaining or Arguing
(Tune: Be Careful Little Eyes)
Hear the song: https://www.youtube.com/watch?v=-IYUSYetDzU

Do everything with no complaints.
Do everything with no complaints.
If you want to please God, it really isn't hard, just
Do everything with no complaints.

Do everything without arguing.
Do everything without arguing.
If you want to please God, it really isn't hard, just
Do everything without arguing.

10 Commandments Song
(Tune: Jingle Bells)
Hear the song: https://www.youtube.com/watch?v=3dVZ0GSHQPQ

No other gods, no idols
Don't misuse God's name.
Keep the Sabbath holy, that's God's special day, HEY!
Honor your Mother and Father
Don't murder, lust or steal
No false tales, no envy this is God's great deal, HEY!

Let's sing a song to get started. Hand out song sheets.
Sing the **10 Commandments Song.**

2) Class Time - The Fifth Commandment 10-15 minutes

<u>Prep</u>
Have Bibles and Visual Aid ready. Hand out a Bible to each student who didn't bring one.

Let's turn to Exodus 20. (Help students.)
Ask for a volunteer to read from
Exodus 20:1-4, 7-8 and 12 or read yourself.
Show visual aid.

These first four commandments are focused on God and how the Israelites were to worship and serve Him. We will now look at how God wants us to

treat others. In verse 12 God mentions the first people we will be dealing with.
What was the fifth commandment? Honor your father and your mother.
Why does God say to do that? So you may live long.
So who are the people we need to honor? Our parents or for some of us our caregivers. Anyone who raises us, takes care of us and helps us with our day to day lives.
What does the word Honor mean? Let children come up with ideas.

Honor: To regard with great respect. To show high respect; esteem. To consider having them in your life as a privilege or pleasure.

How do we treat our caregivers with great respect? We treat them nice, we try and help when we can, we hug and say I love you, etc.

We obey and do what we all agreed to do – as long as it is a godly thing – example attend church on time every week, do homework before going out to play, do chores without having to be asked every time, etc. We show love and treat them well and help when we can.

How do we show to ourselves, them and others that they are a privilege or pleasure in our lives? Some examples: We tell them, we thank God for them every day, we pray for them, we obey them, we tell others how happy we are to have them in our lives, we do nice things for them, we speak nicely of them.

Let's read **Exodus 20:12** again together out loud.

Even though God gave the Israelites 10 Commandments – those were not the only rules. God went into much further detail after to explain how to treat slaves, thieves, the tabernacle, etc. The 10 Commandments were important to the Jews – but they were not the only thing they followed.

Let's look to Jesus and the New Testament to see what He and the apostles said we should do in regards to honoring our mother and father.
Let's turn to and read:
1 John 5:2-3
By this we know that we love the children of God, when we love God and observe His commandments. For this is the love of God, that we keep His commandments; and His commandments are not burdensome.

Not just 10 commandments or 16 or 8 but all the commands that Jesus and God have blessed us with in the New Testament will help us lead godly and blessed lives!

Jesus recites the last 6 commandments – with a twist on the last. Let's turn to and read

Matthew 19:16-19
16 Just then a man came up to Jesus and asked, "Teacher, what good thing must I do to get eternal life?"
17 "Why do you ask me about what is good?" Jesus replied. "There is only One who is good. If you want to enter life, keep the commandments."
18 "Which ones?" he inquired.
Jesus replied, "'You shall not murder, you shall not commit adultery, you shall not steal, you shall not give false testimony, 19 honor your father and mother,' and 'love your neighbor as yourself.'"

Does Jesus say we need to honor our father and mother? Yes!

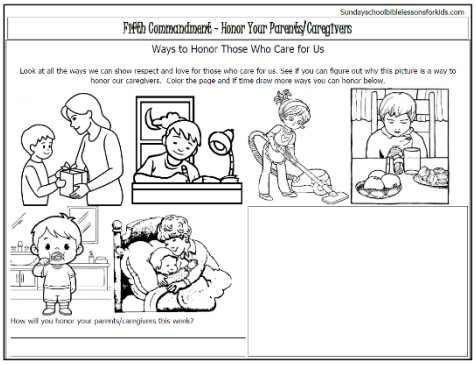
Now let's turn to Romans 13:8-10 and read what Paul the apostle says as well.
Romans 13:8-10
8 Let no debt remain outstanding, except the continuing debt to love one another, for whoever loves others has fulfilled the law. 9 The commandments, "You shall not commit adultery," "You shall not murder," "You shall not steal," "You shall not covet," and whatever other command there may be, are summed up in this one command: "Love your neighbor as yourself." 10 Love does no harm to a neighbor. Therefore love is the fulfillment of the law.

How does Jesus and Paul say we fulfill these laws? Love everyone – neighbor, friend, family, parents, caregivers, enemies, EVERYONE! Because love is the fulfillment of the law.

So we see that Jesus tells us to honor our caregivers. We are to respect, honor and love them for all they do for us. As long as they do not ask us to go against God, we should obey them. Now we will look at different ways we can do that.

Ask the students if they have any questions before moving on to the next activity. You can contact Sundayschoolbiblelessonsforkids@protonmail.com if you need help answering them.

3) 5th Commandment Activity 10-20 minutes



Hand out activity sheets with pencils and crayons as well. Read directions aloud, help as needed.

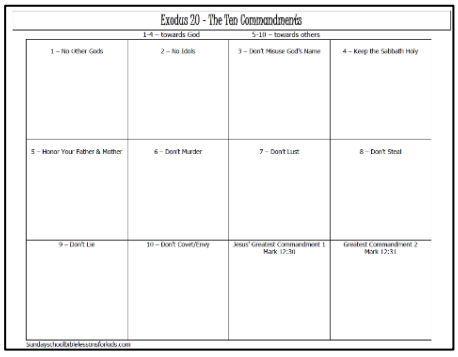
To help you realize some ways you can honor your caregivers/parents, let's go through the following sheet together. Read the directions aloud and discuss each picture as students color the page.

What is the child doing that shows honor to their caregiver?
Answers: Giving gifts, doing homework responsibly, helping with chores, eating supper as asked and praying before we do, brushing teeth, giving a hug and going to bed as asked.

At the bottom if there is time, let them color or draw one or two things they will start doing to honor their mother, father, or caregiver this week.
Extra ideas: cleaning room, saying "Good morning", calling home to ask permission before doing something, going to church and being on time, etc.

What is one thing you can do today and every day this week to honor your caregivers? Go around the room and let them say what good thing they can do or say to show honor to their parents/caregivers.

4) 10 Commandments Poster 10-15 minutes



Hand out one page to each student along with markers or pencil crayons. Explain to them that: **Each week we are going to study a commandment that God gave the Israelites that would guide them on to how to behave and act.**

The remaining commandments deal with how to treat others. Today we learned that the Israelites were to honor their mother and father. Today Jesus tells us to honor our parents and caregivers as well.

Write the words of the 5th Commandment and/or draw a picture to show the commandment God was giving. If you need to see what the commandment was go to Exodus 20:12.

Read the verse for them while they create.
Show visual aid for today's Commandment to help students see a visual.

Help students come up with ideas on how to represent this commandment.
Re-read the verses you studied at the beginning of class from the New Testament once they start working to reinforce the idea.

When students are done have them turn to Mark 12:30 and read what Jesus said was the greatest command. Have students then fill in the poster at the bottom for Jesus Commandment in Mark 12:30 if they didn't get to finish this from last time.

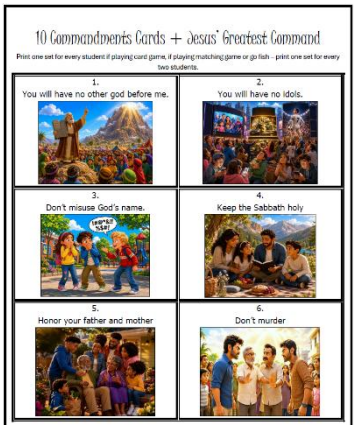
5) Optional Game: Parent Says (Simon Says) 5-10 minutes

Instead of playing Simon says, play Parent says. The idea is you ask the students to do different things that would show honor to their parents/caregiver. If you say "Parent says" – they do the activity. If you just say an activity without saying "Parent says" they should not do it because you didn't say "Parent says". If they do it then they are out of the game. You can try to play the game twice if time.

Here are some ideas to get started, you can add your own as well or have students take turns being the person that picks what the others do that show honor.

- Parent says clean your room (pretend to clean)
- Parent says go to bed (lay down and pretend to fall asleep)
- Parent says do your homework (pretend to do homework)
- Parent says go to church (pretend to walk)
- Parent says help your mother (act like they are helping mom with something)
- Parent says stand up straight (practice good posture)
- Parent says eat your supper before desert (pretend to eat)
- Parent says brush your teeth (pretend to brush teeth)
- Parent says give a hug (pretend to hug)
- Parent says say thank you (say thank you)
- Parent says say I love you (say I love you)

6) Optional Game: 10 Commandments Cards 10-15 minutes



Prep

Print two sets of cards for each student on white cardstock paper, or two sets for every two students to play together. Have scissors ready for students to cut out cards, or you can cut them out before class. Have bags ready to put the sets of cards into.

*The goal of this quarter will be for the students to memorize Exodus 20 – the Ten Commandments and Jesus' quote in Mark 12:30-31 of the two greatest commandments we follow today. Jesus' commandments help us follow all the other commandments in the New Testament.

Pair up students older with younger or in sets of four to play some card games to help remember the ten commandments. See options here:

Choose what game they play from the list below:

Matching: 2 player game - two complete sets of cards

Take two sets of cards, mix them up and place them spread out each face down. Have each student take turns picking two cards – if the card is the same (same picture/same command) they get to keep the set. If they don't pick a set, the other person gets a turn. Continue until all cards have been matched and count how many pairs to see who won. As they match – have them look at Exodus 20 to see what the command actually says to help memorize the verse.

Mixing four complete sets of cards for a big card game with 4 players:

Mix the cards. Distribute five cards to each player. The rest of the cards will be placed face down on the middle of the table. The players should each arrange their cards in numerical order. The object of this game is to get four commandments in numerical sequence with no gaps (ex: 1,2,3,4 or 4,5,6,7, etc.) They can also get a set of "Jesus" commandments (1st and 2nd together). The first participant draws a card from the middle of the table and decides whether or not to keep it. That student must discard one of the six cards that he or she now holds. The discard pile should be next to the pile in the middle, but these discarded cards should be placed face up. The next student has the option to either draw from the pile in the middle or from the discard pile. Students should have only five cards at any one time. The victorious player is the first person to get four cards in numerical sequence, or a set of Jesus commandments. The true winners are those students who are learning and memorizing the Ten Commandments. ☺

Go "Fish"

Mix the cards. Have two complete sets for two players. Distribute 5 cards to each player. Put the remaining cards face down in the middle of the table as a pile from which to draw. Each player looks at his or her cards and lays down any exact pairs that he or she might have. The student who did not distribute the cards gets to go first and ask the other student for a card to match one he or she already has in their possession. If that person has the card, it must be handed over. That student then lays down the matching pair and may continue to ask for a matching card as long as he or she continues making matches. If the student does not receive a card that makes a match, he or she draws a card from the pile and may try to match it to a card in his or her possession. If it does match, the student may draw again. If no match is made, that student's turn is over. When a player runs out of cards, two more should be drawn from the pile and the game continues until all cards are paired. The victor is the one with the most pairs.

These cards will remain in class and be used over the coming weeks. Remind them to: **Use your Bible to make sure you are memorizing correctly. Try saying the whole verse every time you match a set.** *At the end of the quarter you can hand out one set of cards to each student as a gift if you printed enough.

7) Activity: 10 Commandments Memory Activity 5 minutes

Have students learn the 10 Commandments by doing finger actions for each command. Add a new finger action every week:

1. Hold up their 1 finger and point to God – **I will have no other God before me.**
2. Hold up the pointer finger on each hand, and bow down one finger to the other. – **I will have no idols.**
3. Hold up first 3 fingers in a W for watch your words. Take the fingers and cover your mouth. – **I won't take God's name in vain.**
4. Bring 4 fingers together and put under head as if having a rest – **The Jews were to keep the Sabbath holy.**
5. Salute with all 5 fingers in a "yes, sir." – **I will honor my parents.**
6. Make 2 guns in each hand with 3 fingers each = 6 (pointer, middle and thumb) and shoot. – **I will not kill.**
7. Hold up 2 fingers on the left and 5 on the right. Say, "there are 2 people in a marriage, not 5." – **I will not commit adultery.**
8. Hold up 4 fingers on each hand = 8. Make prison bars over the eyes: stealing can lead to jail. – **I will not steal.**

9. Hold up 4 fingers on the left, 5 on the right = 9. By hiding your thumb it looks like you are lying about something by hiding the truth. – **I will not lie.**
10. Pretend to reach out and grab with all 10 fingers like you are "wanting/coveting" something. – **I will not want what others have; I won't covet.**

8) Optional Activity – Singing 5 minutes

Sing the 10 Commandments song.

9) Optional Memory Verse 5 minutes

This entire quarter students will be learning the 10 Commandments, which they can also practice at home. **Exodus 20:2-17.** Only go through a few of the verses each week adding a verse or two as you go.
If and as students are able, you can add **Mark 12:30-31.**
*If you choose, bring treats for those who remember the verses over the coming weeks.

10) Closing Prayer

**Before the prayer, make sure the activities have been cleaned up.

Ask if there are any prayers the students want to share. Write them down to help you remember. Then ask all students to bow their heads and fold their hands to pray. Start below if you need help and then add the other prayer requests of the students.

Thank You God that You teach us how to make You happy and in turn make our lives happy as well by following Your good commandments. We pray that we will always remember the importance of obeying our parents and caregivers who feed, clothe, and shelter us, bring us to church and help us do things that make You happy. We pray that we will remember to be thankful for what they do for us. We pray that You will help us grow in our knowledge of Jesus and that You will help us as we strive to do Your will in our lives.

We pray for those who could not come to worship today because of illness or weakness, help them to get better so they can return to us soon.
Thank You for our families. Thank You for Jesus, Your Son. It is in Jesus' name, Amen.

11) Optional Snack – 5th Commandment 5 minutes

Prep

*Check for Allergies. Gather five pieces of fruit or crackers for each student.

Snack

You've all done a great job this morning. As we go through the Ten Commandments, we are going to have a snack that matches the number we are studying. So this week we will have 5 pieces to represent the fifth commandment: Honor your father and mother.

Hand out a snack to each student. **While we eat our snacks, let's talk about the different things you learned.** Provide a napkin for students to clean their hands.

Questions:

What did we learn today?

What was your favorite part of the lesson or story and why?

What were the commandments for the Israelites we have learned so far? Let students answer.

What is the fifth commandment? Honor your mother and father.

How will you honor your parents/caregivers this week?

Any questions about what we learned today? Answer the ones you can, tell them you will get back to them next week with the ones you can't. Make sure to write them down so you can get the answer.

12) Things to Remember

Thank the students for coming.
Encourage them to share what they learned with their family.
Take their activity sheets home.
Make sure students leave with a responsible person.

Thank you for serving Christ in this way!