

Lesson 3

Adam & Eve - How They Point to Christ

Objective

Learn that Adam and Eve sinned and the consequences for us today. See that God's solution is to send Jesus to conquer Satan. Understand why sin is bad and how to avoid sin.

Supplies

Teachers and/or Coordinators ensure supplies are ready prior to each class.

Print From the Site:

- Eden Color by Number – one for younger students
- Old Testament Points to Christ – one for older students
- Fall of Man Color & Questions – one per student
- Bibles – enough for everyone to have one
- Pens/Pencils/Crayons/Pencil Crayons
- Attendance Chart
- Stickers (for attendance)
- Two large clear glass jars
- Water to fill jars
- Dirt or old dried coffee grounds to put in one of the jars
- Spoon to stir if needed
- Different Colored Paper or White Paper – one different color per student (or students will color white paper a different color each with crayons)
- Table that is approximately 1 meter/3 feet or tape to place on floor

Optional Supplies

Print From the Site:

- Eden Word Search (one per student)
- Adam & Eve Visual Aid (one for class to share) or other visual aids
- Snack: 3 Different Fruit- bite sized pieces (enough to share)

Teacher Tips

- ★ See Lesson One to Review

1) Introduction to Lesson

As students enter, welcome them and help them find a chair to sit at. Thank them for coming. Take attendance.

Share with students: **Last week we studied why the Old Testament is important for us to study today. We began to look God's creation including God creating Adam and Eve. Today we are going to continue to learn about the Old Testament and Adam and Eve! Today we will see that they sinned and that by doing so there were consequences for them and for even us today! Sin is so bad, even if you think it is a small sin it can have effects that last a long time and cause a lot of harm to people. We have to recognize sin and try to avoid it in our lives. Let's learn from the bad example of Adam and Eve today and see that we should not repeat it!**

2) Class Time - Fall of Man and Activity

15-20 minutes

Prep

Get two clear glass jars with lids, water, spoon, and either some dirt or old coffee grounds. Fill one with clean water and seal with lid. Leave the other jar empty for now. Gather visual aids if using.

Activity

Say: **Can we all get our Bibles? Let's turn to Genesis Chapter 3:1-24 and follow along as I read the story of Adam and Eve in the Garden of Eden.** (Show visuals if using.)

Today we read about the first two people on earth – Adam and Eve and how the events in their life show us that all along God planned to send Jesus to earth to conquer Satan and save us from our sins. When God created the world, He made everything. God made the sky, sun, moon, and stars. He made the land, oceans and lakes, animals, big sea creatures, and the birds that fly in the sky. And He created us – humans – with the first man and woman, Adam and Eve.

When God made Adam and Eve, He told them to care for the earth. He told Adam and Eve that they as people would look after and protect every living thing – plants, animals, and birds – and the earth would provide all the food and water we as people would need. Everything God made was perfect. The earth was without problems like sickness, pollution, or hunger because God created it that way. He made everything to work together perfectly – nature, animals, and people.

*Show the jar of clean water and say: **Like this water, everything was clean, pure, and good.**

But Adam and Eve disobeyed God. And because they did, He sent Adam and Eve out of the Garden of Eden and told them life would now be hard for them and for their family. They – and we – would have to live with pain and work very hard for food. Most of all, we would be separated from God and the earth would not be perfect any longer.

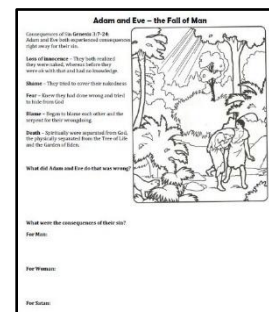
*Show the other jar - fill it with water, then add the dirt or coffee grounds and stir if needed – Do Not Drink ☹ Then say: **When Adam and Eve disobeyed, sin came into the world and the earth was not perfect anymore like this water that is now dirty – it cannot be made clean again without some kind of intervention. On its own it is dirty – like what happens when sin enters our lives. But thanks to God we will see that God had a solution from the beginning to help us be clean once again. We will still have the consequences of Adam and Eve’s sin but we won’t be full of sin if we follow God.**

3) Adam & Eve Color and Questions

15-20 minutes

Hand out the sheet and a pencil crayons to each student and ask them to put their name on the front of the page. Tell them: **Now that we have read about Adam and Eve we are going to answer the questions that follow.**

*For younger students unable to read, write, or focus, they can color the sheet and listen to the story and questions at the same time to avoid becoming bored.



Read the instructions and teaching from the Activity Sheet, and after, go through the questions as a class.

Discussion Questions:

What did Adam and Eve do that was wrong? They ate from the Tree of Knowledge of Good and Evil that God said not to.

What were the consequences of their sin?

For Man: the ground would no longer be perfect, it would be full of weeds, etc. that would make the work of the man hard. He will always have to work hard for his food.

For Woman: Pain when giving birth to children and a desire to be with her husband and that the husband would rule over her.

For Satan: Hatred between Jesus (the woman's offspring or descendant) and Satan. Jesus would crush Satan's head – which he did when he rose from the dead after dying for our sins at the cross.

Ask students, **who sinned – Eve, Adam or both?** Let students answer.

Then have them go to **Genesis 3:6** most versions correctly state that:

Genesis 3:6

⁶ When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.

Where was Adam? With her.

He was with her the entire time and heard the conversation and let her take of the fruit and then ate it himself! He knew what she was doing and didn't stop her. He was to blame as well, he did not stand up to the serpent, speak up, or stop Eve from sinning! We need to be careful too that when we see other's sin, we help them understand that they shouldn't or we are to blame as well for letting them get into trouble without trying to prevent them.

Adam didn't stop Eve and also took the fruit when he knew he shouldn't, that is bad!

If you notice when we read, it says the serpent but doesn't ever mention Satan the devil directly. So how do we know God was talking about Jesus and Satan and not just a snake? The Bible gives us the answer, in

John 8:44

"You are of your father the devil, and your will is to do your father's desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies."

Here Jesus Himself is saying the devil, Satan, since the beginning (Genesis 3:15) was a murderer – causing Adam and Eve to eat the fruit and die spiritually, and is a liar. Jesus is saying Satan from the beginning did these things. Who did these things? Satan in the form of the serpent. Why is it not just a regular serpent? How many serpents talk? No animal speaks unless something supernatural causes it to. Satan used the serpent to talk to Adam and Eve. Satan used a serpent to deceive, but people in our life can lie to us too. Jesus says anyone who lies and does evil is like the devil. We need to be careful and listen to God and anyone who does what is against God we should avoid! How can we do that? Read the Bible and follow what God says. God loves us and gives us the answers. God is good! John also tells us that the devil was sinning from the beginning. Again referring to the first sin in the Garden of Eden with Adam and Eve.

John tells us in

1 John 3:8

Whoever makes a practice of sinning is of the devil, for the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the works of the devil.

John who wrote Revelation also says:

Revelation 12:9

So the great dragon was cast out, that serpent of old, called the Devil and Satan, who deceives the whole world; he was cast to the earth, and his angels were cast out with him.

So what do we see? Satan the devil is called a serpent and is evil. He used the serpent and will use anyone to help him lie and cause harm. God's solution was Jesus! Jesus came to earth and crushed Satan's power when Jesus died on the cross and rose again. Now we can all live forever in Heaven with God! How wonderful! But Satan is still around and God's solution is for us to follow the Bible and do what God and Jesus say. Never follow anyone else if they are not speaking from the Bible correctly. Just like Satan took one phrase: You will NOT surely die. People today can add or take just one word from the Bible and twist it. Let's be wise and always know and read the Bible so we can be safe from sin and thank Jesus that He saves us from sin and that God shows us this right from the beginning of the Bible! We have hope in Jesus.

Ask if there are any questions. If you can, answer, if not tell the child you will study that question and get back to them next week – talk to someone else if needed but ensure you get back to the child.

table that is 1 meter/ 3 feet in width or length or let kids sit on the floor and put a piece of tape 1 meter/3 feet away from where they are sitting in a line so that kids are parallel to the line.

Activity

Today we are going to play a game to help us remember that it is important to get rid of sin. Sin is destructive and always causes problems, so to help us remember to avoid sin, I want you to take your colored paper and write your name somewhere on the top right corner and then crumple it up into a tight ball so that part of your name is visible or can be seen if the paper is uncrumpled. Then we are all going to line up (on one side of the table or 1 meter /3 feet away from the taped line on the floor. Help the students as needed). **The goal is on the count of three we are all going to try and flick our balls off the table or past the line of tape to avoid the sin.** (Let students try it a few times to make sure they can flick it across and get rid of the balls. If they can't, move them closer to the tape line or let them flick the balls a few times to reach the goal.)

Optional advanced version: Have children in 2 rows facing each other 3 feet/1 meter apart, have them flick their balls to the other side avoiding the other person. The goal is to get it off the table/past the line without the other person stopping the ball and flicking it back. If the enemies ball comes to you, try and flick it back to them to avoid the sin, if it falls off the table on your side – they win. If you get it off the table on their side – you win. You can only flick the balls, you can't hit them, or stop them unless you flick them. Each group is flicking their balls at the same time and trying to get their ball off the table/across the line while at the same time stopping the other players ball from getting their ball off the table/across their line.

Keep playing as time permits. When done, gather the papers as you might play this again next week as well if the students enjoyed it.

7) Optional – Snack: 3 Varieties of Fruit

5-10 minutes

Hand out a small handful of fruit along with a glass of water or juice to each child.

Explain that: **In Adam and Eve we are not told which kind of fruit was on the tree of the knowledge of good and evil but we know that it wasn't the fruit we eat today. We are allowed to eat the fruit we have today and they are all**

healthy and good for us. We will try a few different kinds of fruit today – just for fun to remind us that God let Adam eat every fruit – they had so many choices – but they still went for the one fruit they were not supposed to eat. Let’s not make that same mistake – let’s do what God allows us – but don’t do what God says we should not. Go through the different kinds of fruit you brought and have the children name each kind, enjoy the fruit and juice and provide a napkin for children to clean their hands. Discuss questions while snacking! Ask students to review what we learned today.

8) Optional Activity – Learning the Books of the Old Testament 5 minutes

Practice learning Books of the Old Testament you can sing them to the ABC Song.

Genesis, Exodus, Leviticus, Numbers, Deuteronomy, Joshua, Judges....

*Or you may want to focus on learning just the first five books over the quarter instead if your students are all quite young. Genesis, Exodus, Leviticus, Numbers, Deuteronomy.

The B-I-B-L-E

The B-I-B-L-E, yes that’s the book for me.

I stand alone on the Word of God,

The B-I-B-L-E.

Chorus

Oh the Bible will never fail, never fail, never fail.

The Bible will never fail – no, no, no!

The B-I-B-L-E, yes that's the book for me.

I read and pray, trust and obey,

The B-I-B-L-E.

(Chorus)

9) Closing Prayer

**Before the prayer, make sure the activities/snacks have been cleaned up.

Ask if there are any prayers the students want to share. Write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray. Start below if you need help and then add the other prayer requests of the children.

Thank You God that You have given us the chance to learn about the beginning of the world. And, how we can learn that Jesus was at the beginning with You and has always been with You since even before creation. Help us to recognize the importance of Your Words and the events in the Old Testament that help us learn how we should live our lives and learn what things we should avoid in our lives.

Thank You that we can learn from the events of Adam and Eve and the importance of listening to You and obeying Your commands. Thank You for our families that You created from the beginning, thank You for Jesus, Your Son, and Thank You for all the beauty You provide in Your Creation. Help us avoid sin. It is in Jesus' name, Amen.

10) Things to Remember

Thank the students for coming.

Encourage them to share what they learned with their family.

Take their activity sheets home, they can leave the crumpled paper.

Make sure students leave with a responsible person.

Thank you for serving Christ in this way!