

## Lesson 1

# Proving the Bible - Scientific Truth

### \*\*\* IMPORTANT NOTE\*\*\*

This material is meant for students in Grades 5-6 – if your class is made up of Grade 4-6 please go to the Grades 5-6 Year One Spring quarter and use that material as it is more advanced for older students and will help them refute today's false narrative of evolution, big bang, and is the Bible real.

If you have a range of students Grades 1-6, then use this material but please offer the booklets for the mature Grade 4 students and students in Grade 5-6 to take home and read and they can work on the more mature activity sheets rather than the ones for the younger students. It will have more advanced and thorough discussion on the topics they can study and they can keep a copy of this material to use in their own lives.

## Objective

Students will learn that we can prove the Bible is from God by looking at Scientific Foreknowledge.

## Supplies

Teachers and/or Coordinators ensure supplies are ready prior to each class.

Print From the Site:

- ☐ Attendance Chart
- ☐ Proving The Bible - Student Activity Sheet - one per student
- ☐ Proving The Bible - Grade 5-6 Student Booklet - for each Gr. 5-6 student to take home
- ☐ Bible
- ☐ Pens/Pencils/Pencil Crayons
- ☐ Stickers (for attendance)

## Optional Supplies

- ☐ Snack: Strawberries (cut into mouth shapes, a few per student)

## Teacher Tips

- ★ Some students may have trouble writing/reading so during activities help ensure children understand by reading instructions aloud so they can follow along.
- ★ Sit beside children who can be fidgety or who might distract others
- ★ Check on students and if you notice one has difficulty, offer to help write part of a sentence or a word for them, or repeat the instructions as needed.
- ★ If some questions are too advanced for your group of students, feel free to adjust or minimize the amount of questions asked.

### 1) Introduction to Lesson

As students enter, welcome them and help them find a chair to sit at. Thank them for coming. Take attendance (using the supplied chart or your own). Let each student put a sticker beside their name for this week.

Introduce yourself to the students, and if unfamiliar with their names, ask students to go around the room sharing their name. Say to students:

**The Bible says it is from God and is the word of God. How do we prove it?**

**We can look at evidence (things we can know and prove) to show that belief in the Bible is not a fairytale belief, but fact-based faith. People in school and the world will try to tell you things that are different from the Bible and say what they are saying is true. How do we know? This quarter we will prove that the Bible is real and true and we can know that anything that speaks against God and His Word is not true.**

**We will look at Scientific truth, things that people have dug up in the earth, things said or written that happened years later exactly as stated. We will look at people who saw the miracles and Jesus and His life. We will look at the miracles in the Bible as well.**

**When we do we will see and prove that the Bible is 100% correct and is from God! We would expect this if the Bible was truly written by God.**

**Let's get started!**

## 2) Class Time - Scientific Truth and Activity Sheet

25 minutes

Hand out the activity sheets and pencils and pencil crayons to each student. Have them write their name somewhere on the front of the page.

Say: **Today we are going to look at Scientific Truth. We will see that the Bible had already explained scientific facts thousands of years before scientists even proved them.**

**The first will be looking at preventing people from getting sick. While I read, I want you to color each picture at the top in the order in which I talk about them. The first is about the girl coughing into her arm to prevent someone else getting sick.**

**Writers of the Bible wrote down things that no one of that time could have known about, yet they are 100% correct and were not officially proven until thousands of years later. We are going to look at what the Bible said and then compare it with science today.**

**The Old Testament, which is part of the Bible, told how to prevent people from getting sick. Those who were sick were instructed to “live outside the camp” away from healthy people.**

### **Leviticus 13:45-46**

*“People with a disease must warn other people. They must shout, ‘Unclean, unclean!’ They must tear their clothes at the seams. They must let their hair grow wild, and they must cover their mouth. 46 They are unclean the whole time that they have the infection. They are unclean and must live outside the camp.*

### **Questions:**

**What do we know about how germs spread today? Why would someone cover their mouth?** To keep from germs getting to others.

**What do we do when someone is sick? Should they stay home and get better?** Yes. We isolate them, or make them wear a mask. It is important to keep people away from others when they are contagious so they don’t spread their germs. The Bible taught this thousands of years before people were doing it.

**The Bible says that if and when a sick person got close to others, he should cover his mouth, and cry, “Unclean! Unclean!” Covering the mouth would prevent spit and spray from spreading, much like covering your mouth during a cough.**

Back then, in the neighboring (surrounding) countries, “doctors” would put donkey dung into people’s wounds; they would not wash their hands, nor would they isolate a person who was sick.

There are, however, especially in the first five books of the Old Testament, many rules for cleaning, quarantine, and other medical instructions that were to be done in the daily lives of the Israelites. And what we are reading was written over 3,000 years ago. Interestingly, the harmful cures and ingredients used by other nearby countries and cultures are not in the Bible at all. In fact, the Bible shows an understanding of germs and disease that the “modern” medical community did not understand until recently. How soon? Let’s look to see.

Color the next picture that shows someone washing their hands.

More than 150 years ago, people still didn’t know that washing your hands stopped germs from spreading. But the Bible says that when we touch something unclean we need to wash our hands over 3000 years before it was scientifically proven! God knows what is best for us and we can trust everything in the Bible.

Color the picture of soap.

Did you know God gave the Israelites a recipe for soap?

Numbers 19:1-3,5-7 is summarized and paraphrased below:

The Lord said to Moses and Aaron, take the ashes of a cow and with it take some cedar wood, hyssop and scarlet wool.

After water was to be poured over the mixture and the water was then to be used to wash a person who had touched something unclean. It was a recipe for soap!

Question:

Have you ever made soap? Or, seen how soap is made? Let students answer.

Let’s look at the Bible’s recipe for soap.

Everyone look at the bottom left of your page. Do you see the four pictures? Listen as I read the description and see if you can point to the right picture I am talking about that describes the recipe for soap God gave the Israelites.



**Ashes:** The chemical known as lye is one of the main ingredients in many soaps today. Various lye-soap recipes say that to obtain lye, water often is poured through ashes. The water gathered from pouring it through the ashes contains a concentration of the important chemical.



**Hyssop:** A plant that contains the antiseptic thymol, the same ingredient that we find today in some brands of mouthwash.



**Cedar wood:** Has long been used for storage cabinets because of its ability to repel insects and prevent decay. In oil form it kills germs, kills insects, and more.



**Scarlet Wool:** The Israelites were instructed to use “scarlet,” which most likely was scarlet wool. Adding wool fibers to the recipe would have made it very similar to Lava soap that is sold today.

\*Help the children do the rest of the activity sheet.

### 3) Repeat the Action Game

5 minutes

Have the students stand up and spread out to make sure everyone has space. Tell the students you are going to play an action game. When you say an action, everyone is to do that action.

1. Wash your hands (Pretend to wash your hands)
2. Grab the soap, it is slippery! (Pretend to catch soap that keeps slipping out of your hands)

3. Turn on the water (Pretend to turn on the tap)
4. Scrub your fingers - get them all! (Pretend to wash each and every finger)
5. Cover your mouth (Pretend to cover your mouth)
6. Go to bed because you don't feel well (Pretend to lay down and rest)
7. Get up and stretch because you feel better now (Pretend to get out of bed)
8. Everyone sit down (Have students sit back in their seats)

**Thousands of years before any formal studies were done to see what type of cleaning methods were the best; and long before Semmelweiss discovered hand washing, Moses taught the Israelites to make a very effective recipe for soap. If used properly in hospitals in Vienna, it would have saved thousands of lives.**

**So what can we see from this? This is one way we can recognize that the Bible is more than just a good story book. There are scientific facts in the Bible that the writers of the time could not have understood or come up with on their own.**

**We have seen three examples of scientific foreknowledge – the idea that the Bible writers were writing things that had not been proven until years later and was against the current practices of the time.**

**Questions:**

**What were a few of the examples we looked at?** Stopping the spread of germs, Hand washing, and the recipe for soap to kill bacteria and germs.

**What did you think of the examples shown today?**

**Did any of these examples surprise you to know that they came from the Bible?**

**Did it surprise you that people actually didn't use soap, know about germs, or wash their hands?**

**There is plenty of evidence in the Bible to prove that the writers could not have been writing from their own ideas.**

**Next time we will continue to look at more scientific truths that prove the Bible is 100% correct.**

**Any questions or comments?**

#### 4) Optional Activity - Snack (Strawberries)

5 minutes

Hand out a few pieces to each student, ensuring you check for allergies first. Say, **this snack is to remind us that the Bible says to cover our mouths when sick. Why do we cover our mouths when we cough or sneeze? Raise your hand if you remember?** To prevent germs from spreading. **God taught the Israelites this, long before scientists proved it. This shows that the Bible is scientifically accurate, which we would expect if it came from God.**

**Let's enjoy our little mouth fruits to remind us that the Bible is scientifically accurate and is always right.**

Provide a napkin to clean their hands if needed. Review with students by asking them questions from the lesson again and discuss any questions they have while snacking. What did they like best about today's Bible reading? What questions do they have about today's lesson?

#### 5) Optional Activity - Memory Verse

2-5 minutes

For the next few weeks, have the students go to **Psalms 119:160** in their Bibles and read the verse aloud as a class 2 times.

##### **Psalms 119:160 – When speaking about God**

*The sum of your word is truth, and every one of your righteous rules endures forever.*

Other options include:

- You saying a word and having them repeat it as you go through the verse
- Have students repeat a small phrase ex: "The sum of your word..." a few times before working on the next phrase.
- Have students repeat after each other
- Ask students to think of hand gestures. Ex: Put hands together as if holding a ball "THE SUM", point to their mouths when they say "OF YOUR WORD", etc. and then go through verses as a class with gestures.

**This means that everything God says in the Bible is true and all His rules about hand washing, quarantine, etc. are true.**

#### 6) Closing Prayer

Ask if there are any prayers the students want to share. Say closing prayer remembering to thank God for His Son and giving us the complete Word of God.