

Preschool Spring
Lesson 1:
Adam and Eve Have a Family

Objectives: Students will...

- 1) Read the story of Adam and Eve's family from the Bible
- 2) Understand that God is great because He took care of Adam and Eve and they had a family.
- 3) Play an action game to remember that God wanted Adam and Eve to follow Him.
- 4) Remember the names of Adam and Eve and remember that they were the first family
- 5) Play with dolls or make paper dolls of Adam, Eve and their family.

Accommodations: How will I accommodate individual needs of students?

- Use lots of visuals and actions to keep children's attention.
- Allow them to color a page while you read the story if they are unable to stay focused for very long
- Break up the lesson if needed by singing songs or doing an "active" game in a different order if they need to get up and move around
- Help students stay focused by going through sheets in order and helping them follow by pointing to your page where they should be focused.
- Sit beside children who are fidgety to help them stay focused.
- Learn their names – the best way to get someone back on track is to call them by name
- Remember to say "Please" and "Thank you" this is important for them to learn and see displayed in your actions as well.

Supplies: Check with coordinator to ensure supplies are ready.

All sheets and templates will be on the CD or in the Binder.

Teacher Materials (provided in classroom)

- Pens/Pencils
- Bible (please bring your own)
- Crayons/Pencil Crayons
- Attendance Sheet
- Stickers – enough for each child to have one every lesson for 13 lessons
- Glue sticks
- Scissors to cut out paper dolls
- Adam and Eve Have a Family Color Page
- Adam and Eve with Sons Paper Doll and Clothes Templates – one set for each child - printed on white cardstock paper and cut out before class. Or you can use dolls if available below in optional activities

Optional Activities

- Soft Ball
 - Dolls of Man and Women and children along with clothes to dress them – enough for children to share and pretend to be Adam and his family
 - Twine or string cut into small pieces for hair if doing paper doll activity
 - Cain and Abel Activity Page – one per child
 - Scissors to share or cut out Activity Page before class
 - Tape to Share
 - Green Construction Paper – one sheet per class to tear into pieces as grass
 - Glue to share
 - Snack – fruit and vegetable pieces
 - Napkins
 - Cups with water or milk
 - Puppet to tell students the real events from the Bible
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Lesson:

1) Introduction to lesson:

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance (using attendance chart supplied). Write each child's name on the sheet provided. Let each child put a sticker beside their name for this week. Have them sit around the table.

Share with students, "**My name is _____ and I will be your teacher this quarter. Here is _____ my assistant to help. This month we will look at what God has made for us. Let's sing a song about what God has made for us.**

God Made Me

- Sung to Farmer in the Dell Tune

God made the sun, (Raise arms in circle over head.)

God made the tree, (Spread arms out to indicate branches.)

God made you, (Point to another person.)

And God made me! (Point to self.)

God made Adam. (Point to the boys.)

God made Eve. (Point to the girls.)

God made you, and God made me. (Point to others and then yourself.)

What are some things God has made for us? Can you name some things? Let students name things: sun, moon, pets, mommies, dads, families.

We are going to study today that God made families and in the beginning God made the first family. Adam and Eve! Adam and Eve were the first man and woman and they had a family of their own. God gave them a family!

2) Adam and Eve Have a Family

10 minutes

*Optional: If you have a puppet you can use the puppet to tell the event in the Bible about Adam and Eve and their family.

Read **Genesis 3:20-21 and 4:1-2**

20 Adam named his wife Eve, because she would become the mother of all the living.

21 The Lord God made garments of skin for Adam and his wife and clothed them.

4:1 Later Adam and Eve were expecting their first child. Eve became pregnant and gave birth to Cain. She said, "With the help of the Lord I have brought forth a man."

2 Later she gave birth to his brother Abel. Now Abel kept flocks, and Cain worked the soil...

Then read **Genesis 5:3-4**

3 When Adam had lived 130 years, he had a son in his own likeness, in his own image; and he named him Seth. 4 After Seth was born, Adam lived 800 years and had other sons and daughters.

Isn't that great! God made Adam and Eve and blessed them with a family. They had Cain, Abel, Seth and more sons and daughters. Adam and Eve were a special part of God's world.

Let's sing a song about God's world.

Sing:

In the Beginning
Tune: Farmer in the Dell

**God made the world*. God made the world*.
In the beginning, God made the world*.**

(Replace world with other words each time:*light, sea, sky, animals, etc.)

The man's name was Adam. (Boys stand and sit.)
The woman's name was Eve. (Girls stand and sit.)
In the beginning, God made Adam and Eve.

Say: We are special to God. We are special to God because God made each one of us – just like He made Adam and Eve. Let's do some fun activities to help us remember that God gave Adam and Eve a family and that Adam and Eve were to follow and obey God.

3) Follow God - Adam and Eve Game 5 minutes

Line the students up in a row so that they can all see you and have enough space to move their hands and feet without hitting anyone beside them.

Say to the students: If you are a girl, you are going to do what Eve should do. If you are a boy you will do what Adam should do. I am going to say "Adam and Eve and then an action word." I want you to follow and do what I say. Just like Adam and Eve were to follow God and what He said to them. Ready? Everyone quiet and listen.....good job

Adam and Eve – touch your hands together

Adam and Eve – touch your feet.

Adam and Eve – say "Thank You God."

Adam and Eve – pet the animals (pet pretend animals or use animal teddy bears)

Adam and Eve – say "God made the world"

Adam and Eve – say "God made our family"

Adam and Eve – jump up and down

Adam and Eve – turn around

Adam and Eve – sit down!

Thank class for playing and then have them sit at the table for the next activity.

4) Adam and Eve Have a Family Color Page 10 minutes

Hand out one sheet to each child and allow them to color the page. Discuss all the people in the picture and remind the students that Adam and Eve had a family thanks to God. Help them write their name on the page before moving on to the next activity.

5) Adam and His Family Doll Play

10-15 minutes

If you have dolls to share of men, women and children, you can let the students play with the dolls and ask them to pretend the dolls are Adam, Eve and their first two sons – Cain and Abel.

If you don't have dolls – before class print and cut out the paper doll templates (one set per child)

Hand out glue and crayons and help the students glue the clothes on the doll and color the clothes and allow the students to color the doll and decorate their face and make hair. If time, let the students play with the paper dolls and pretend they are Adam, Eve and their first two sons Cain and Abel.

*Keep the dolls for an activity later in the quarter or you can make other dolls later in the quarter and let students take these dolls home.

*Optional: take twine or string and cut into small pieces. Let the students glue the twine or string to the dolls as hair. Make sure Eve has longer "hair".

Remind students that **these dolls are to remind us that God gave us families and God made Adam and Eve the first man and woman and that He blessed them with a family!**

What was the name of the first man? Adam

What was the name of his wife? Eve.

Isn't God great! Good job everyone! Let's clean up before moving on to the next activity.

6) Optional: God is Great Roll the Ball Game

5 minutes

During class, tell the kids, **"Let's all sit on the floor in a circle. While we are in the circle we are going to pass the ball to one another, as you pass the ball gently to a person, I will say something that God made (example Adam, Eve, Families, Sally, Peter, etc.) and the person who gets the ball will say, "God is Great!"**

You can only pass the ball to someone who hasn't had a turn yet, if someone catches the ball that already had a turn, you must give it to someone who hasn't so we call get a chance to play, ok? "

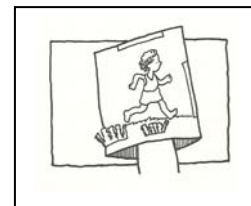
Remember, the person who gets the ball, must say "God is great".

Make sure each child gets a turn before doing another round or moving on to another activity.

7) Optional: Cain and Abel Activity Page

10 minutes

Hand out one sheet to each child and have them fold the page in half. Show them Cain on one side and Abel on the other. Have the students tape the page together on the side so that it will fit on their hand as shown in the picture seen here.



Let the students color the picture and if time, hand out green construction paper pieces ripped small to look like grass. Give each child a glue stick and let them glue the grass pieces onto the pocket of Cain and Abel. When done, let them put the pocket onto their hands and turn their hands back and forth fast or slow to show that Cain and Abel walked and ran.

Remind students that, **“God made families and the first family was Adam and Eve and their sons Cain and Abel. God is great for making families!”**

8) Sing

Choose songs from the Songs section of the binder and/or sing (And use dolls to show children as you go through each family member)

With Jesus in the Family

With Daddy in the family, happy, happy home.
Happy, happy home. Happy, happy home.
With Daddy in the family, happy, happy home.
Happy, happy home!

With Mommy in the family, happy, happy home.
Happy, happy home. Happy, happy home.
With Mommy in the family, happy, happy home.
Happy, happy home!

With Brother in the family, happy, happy home.
Happy, happy home. Happy, happy home.
With Brother in the family, happy, happy home.
Happy, happy home!

With Sister in the family, happy, happy home.
Happy, happy home. Happy, happy home.
With Sister in the family, happy, happy home.
Happy, happy home!

With Baby in the family, happy, happy home.
Happy, happy home. Happy, happy home.
With Baby in the family, happy, happy home.
Happy, happy home!

With Jesus in the family, happy, happy home.
Happy, happy home. Happy, happy home.
With Jesus in the family, happy, happy home.
Happy, happy home!

9) Optional - Snack Fruit or vegetable pieces 5 minutes

“You’ve all done a great job this morning learning that God is great. He made everything good in the world and made Adam and Eve and blessed them with a family. To help us remember, we are going to have a snack.” Hand out a couple of fruit and vegetable pieces to each child with a glass of water or milk. Remind them that these snacks are part of God’s wonderful creation for us to enjoy and they are good, because God is great! After snack have kids clean up. Then move on to the remaining activities.

10) Close in prayer

Thank God that He created the world and that as we learned today, God is great because He made Adam and Eve and blessed them with a family. Thank you God for our families too. Thank God as well that we can know that we are safe and in good hands because God the Creator is in control and He knows what is best for us today. Thank you God for your Son Jesus who loves us too and thank you God for everyone here today and those who could not be here because they were sick or away. We pray you will bring us all back to Sunday school next week safely. In Jesus name, Amen.

11) Remind students

To take home any sheets or crafts. Thank them for coming and ask them to help clean up before they leave.

12) Greet Parents at door

Ensure all students go to parents or if some students remain kindly ask them to go to their parents.

Thank you for serving Christ in this way!