

Practice Being Kind

Each night this week, take time to list the different situations or people that you had an opportunity to show kindness too. Next to that, write down how you decided to react; and if your reaction was positive or negative. If not, say what you could do next time instead.

1 Corinthians 16:14 – *“Let all that you do be done with love.”*

Day	Opportunity to Show Kindness	Your Reaction and if it was Positive or Negative
Sunday		
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		

Examples:

After worship services, people needed to clean up
OR

So I picked up my song book and bible and put them away.
I went out to the hall and played, next time I will put my song book away first.