

Lesson 10: Table of Nations

Objectives: Students will...

- 1) Study Genesis Chapter 9-10: The Table of Nations
- 2) Learn that Noah's family spread all over the world
- 3) Learn that it is not nice to embarrass or disrespect others

Supplies: Coordinator will ensure these supplies are already in your room.

Teacher Materials (provided in classroom)

- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- Table of Nations Cotton Ball Drop Game Sheet – one per class printed on cardstock paper
- Cotton Ball – one per child

Optional:

- World Map of Today – one for class to share
- Story book – “God, I Need to Talk to You about Disrespect” by Susan K. Leigh (if available)
- Scissors- one per child
- Construction paper – one piece per child
- Tape – one tape roll per child

Snack:

- Cheese and Crackers (in brick shapes) enough so every child gets some
- Napkins for snack one per child
- Juice or water and cup one per child

Lesson:

1) Introduction to Lesson

2-5 minutes

As students enter, welcome them and help find a chair to sit at. Thank them for coming.

Take attendance (using attendance chart supplied). Let each child put a sticker beside their name for this week. Once children are seated say:

“Last week what did we learn about? Noah and God’s Promise of a Rainbow

Why did God make a rainbow? To remind God and everyone that He would never again destroy the whole earth with a flood.

Did God keep His promise? Yes

God always keeps His promises, every promise in the Bible He has made, He has kept. We can completely trust in God!

This week we will continue to study about Noah and his family and how God spread them throughout the world to inhabit the entire earth.

2) The Sons of Noah

5-10 minutes

Ask children to get their Bibles and turn to **Genesis 9:18-28**. Read those verses then ask the following questions.

Discussion Questions:

Why was Noah upset? Because Ham saw him naked and he went and told others. He felt Ham was being disrespectful.

What did Ham's brothers do? Not looking at Noah, they covered him so he would not be naked.

Respect means:

a feeling of admiring someone or something that is good, valuable, important, etc.

a feeling or understanding that someone or something is important, serious, etc., and should be treated in an appropriate way

Was Ham respectful to his father? No – he did not treat him as important or appropriately but went and embarrassed him by telling others of his situation.

Noah was drunk and fell asleep naked. That was not good that Noah was drunk. Ham telling his brothers about his dad's situation was disrespectful, he didn't need to tell, he could have covered his dad or just left. Seeing his dad naked and telling others was not necessary or nice. Sometimes people do embarrassing things, that doesn't mean we go and tell everyone about it. What do you think?

Leviticus 19:3 says:

“Each of you must respect your mother and father.... I am the Lord your God.

1 Peter 2:17 says:

Show proper respect to everyone, love the family of believers, fear God, honor the king.

Do we need to show respect? Yes!

Did Ham show respect? No.

We can all be reminded that God is not happy with disrespect! We are all created in God's image and need to respect one another, even when someone does something embarrassing that is no reason to be disrespectful.

Allow for questions, state that you will come back next week with answers if the questions are too big for you to deal with this week and address the person next time if appropriate.

3) Optional – Read a Story about Disrespect 10-15 minutes

If time and available, you can read the story “**God I need to talk to you about disrespect.**” It comes with verses that relate to being respectful and discusses why we need to be respectful to be pleasing to God. It gives practical examples of how a child can be disrespectful and the alternatives to be respectful. This little book relates to the story of Noah's sons and how they reacted to seeing him in bed. (One son was disrespectful!) We can all be reminded that God is not happy with disrespect! We are all created in God's image and need to respect one another, even when someone does something embarrassing.

4) Optional – Learning How Words Can Hurt Activity 10-15 minutes

Hand out one piece of construction paper to each child and a pair of scissors. Tell the children, “**We have been learning about disrespect and how what we say and do can hurt others. With this sheet of paper I want you in one minute to cut out a doll shape – it doesn't have to be pretty – but doing the best you can cut out a doll with a head, two arms and two legs. It is not a race**

but just work quickly as then we have to move on to the next part. Let children cut out a doll and then take the extra paper and scissors away before moving on.

Now say to the children, **“On the word ‘go’ I want you to tear your paper dolls into as many tiny pieces as possible. You have one minute. “Go!”** After one minute call **“stop.”** Have the students count or see how many pieces they have made. Then distribute several rolls of tape and give students one minute to try and put their paper dolls back together. After one minute, have children display their reconstructed paper dolls. Then ask:

How does your reconstructed paper doll compare to the original one?

Why weren’t you able to make it look the way it once did?

Think about the last time someone put you down – how did you feel? How did the person who put you down feel? (Just think in your heads we won’t answer this question out loud)

How is putting other people down like cutting apart your paper dolls?

What can we do to help repair the damage we’ve done after we’ve put someone down?

How does this activity relate to what we learned about Noah’s son Ham?

Ephesians 4:29 says:

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

What does the Bible say we are to do? Only speak what is helpful for building others up!

What is unwholesome talk? Bad words, saying things that are mean or hurtful, gossiping, etc.

Listen as I read:

Ephesians 4:29

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

1 Thessalonians 5:11

Therefore encourage one another and build each other up, just as in fact you are doing.

Let’s remember to build each other up with kind words and only speak nice things to everyone!

5) Cotton Ball Drop Game

5-15 minutes

Read **Genesis 10:1** (You can read the condensed version below) after reading **verse 1** ask the following questions.

Genesis 10:1 (NKJV)

Now this *is* the genealogy of the sons of Noah: Shem, Ham, and Japheth. And sons were born to them after the flood.

How many sons did Noah have? 3

What were their names? Shem, Ham, and Japheth

Read **Genesis 10:1-2,5-6, 22, 32 (NKJV)** below:

Now this *is* the genealogy of the sons of Noah: Shem, Ham, and Japheth. And sons were born to them after the flood.

²The sons of Japheth *were* Gomer, Magog, Madai, Javan, Tubal, Meshech, and Tiras.

⁵From these the coastland *peoples* of the Gentiles were separated into their lands, everyone according to his language, according to their families, into their nations.

⁶The sons of Ham *were* Cush, Mizraim, Put, and Canaan.

²²The sons of Shem *were* Elam, Asshur, Arphaxad, Lud, and Aram.

³²These *were* the families of the sons of Noah, according to their generations, in their nations; and from these the nations were divided on the earth after the flood.

Japheth had 7 sons, Ham had 4 sons and Shem had 5 sons.

We are going to play a game, we are going to take turns dropping a cotton ball on a map with all the names of the sons of Shem, Ham and Japheth to see where they all moved on the earth after the flood. When you drop the cotton ball, the name underneath or closest to the cotton ball is the name you have to look on the sheet and find whose father he belongs to – either Shem, Ham or Japheth. When you are done, it is the next persons turn.

These are approximate locations on the map where Noah’s descendants moved and spread. Some are listed in the Bible specifically so we know for sure where they moved, but some are not listed specifically so they are approximates. What is important is that we see that after the flood, Noah’s family spread and multiplied quickly all over the world at that time, as the generations continued, they spread out even further!

Ensure children take turns and help them as needed find the father of the son the cotton ball dropped on – either Shem, Ham, or Japheth. Make sure everyone gets a turn and then play another round or so until you are ready to move on. If you want you can show them the map of today to see how each son spread his family out all over Europe, Asia and Africa.

6) Optional – Snack : Cheese and Crackers (Brick Shape) 5 minutes

Hand out 2 or 3 Cheese and Crackers (in brick shape) along with a glass of water or juice to each child. Explain that, **“God wants us to build other’s up, not tear them down or embarrass them. These brick shaped cheese and crackers remind us the importance of building each other up and being kind to one another!”** Provide a napkin for children to clean their hands. Discuss questions while snacking! Read the following two verses that talk about our need to build others up!

Ephesians 4:29

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

1 Thessalonians 5:11

Therefore encourage one another and build each other up, just as in fact you are doing.

7) Optional – Songs 5 minutes

Have children sing songs from here or song sheet:

Old Testament Books of the Bible – Sung to the Alphabet song

God told Noah to Build an Ark

(to the tune Old Macdonald Had a Farm)

Noah had to build the ark, like God told him too.

And on the ark there was some (name an animal), like God told him too.

With some (say the sound the animal would make) here and some (say the sound the animal would make) there,

Here some (say the sound the animal would make) there some (say the sound the animal would make) everywhere were (say the sound the animal would make).

Noah had to build the ark, like God told him too.

*Repeat with another animal – let students each pick an animal as you sing.

8) Close in prayer

*If desired, ask the children if they have any prayer requests and write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray.

Pray also that we will not be disrespectful, but if we are we pray we will remember to apologize and make things right with the person we disrespected.

Thank you for serving Christ in this way!