

Lesson 10: Moses –and the Ten Commandments – 7th

Objectives: Students will...

- 1) Study Exodus 20 and see that God had laws for the Israelites that included 4 laws concerning God and 6 laws concerning how to treat others.
- 2) Study the 7th commandment and how it relates to the New Testament and Jesus
- 3) Play games and do activity sheets to remember what Jesus says about honoring marriage and to memorize the 10 commandments God gave to the Israelites.

Supplies:

Teacher Materials (provided in classroom)

- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- Exodus 20 Ten Commandments Poster – one sheet printed on white cardstock paper per student use the one from previous lesson unless a new student arrives then hand them a new one.
- Ten Commandments Maze and Memory Sheet – one per student

Optional:

- Song lyrics to Ten Commandment Song –one per student
- 10 Commandments Crossword – one per student if didn't complete from last week

Snack:

- 7 Small Crackers or Chocolate Candies (to represent 7th Command) 7 per child
- Napkins for snack one per child
- Juice or water and cup one per child

Lesson:

1) Introduction to Lesson

2-5 minutes

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance (using attendance chart supplied). Once children are seated say:

Does anyone remember what we studied last week? We studied the sixth commandment of the Ten Commandments God gave the Israelites through Moses on the mountain of Sinai.

Can anyone recite the sixth commandment from Exodus 20:13? You shall not murder.

Does anyone remember what Jesus said about how we should treat others today? Not only we should not murder, we should love others as we love ourselves and we should not say any bad words, take bad actions, or think bad thoughts about others as well! **Matthew 5:21-22 and Matthew 22:37-40.**

Today we are going to look at Exodus 20:14 - the 7th Commandment and how it relates to us today – You shall not commit adultery.

2) The Seventh Commandment

15 minutes

Ask children to get their Bibles and turn to Exodus 20. Ask for a volunteer to read from **Exodus 20:1-4, 7-8 and 12-14** or read yourself. After you have finished the reading, say:

Remember the first four commandments are focused on who? God and how the Israelites were to worship and serve Him.

We will now look at how God wants us to treat others.

Who did God focus on in verse 12? Our caregivers or parents.

Then in verse 13 He mentions what? Not murdering

What was the seventh commandment in verse 14? You shall not commit adultery.

Define Adultery: For people that are married, it is having special relations with someone who is not your spouse.

It is like trying to find a new mom or new dad when the current mom or dad is still there – it doesn't make sense right?

Basically, God is telling the Israelites to honor and keep the vows they make in marriage.

So who are we focusing on today? Married people.

I know none of you are married now, but some, if not most, will plan to get married later in life.

Let's look to see Jesus says about honoring marriage today.

Matthew 5:27-28

"You have heard that it was said to those of old, 'You shall not commit adultery'. But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart"

Lust means: be consumed with desire for, of having a very strong unhealthy attraction for another person.

What does Jesus say about adultery? Not only is it wrong, you shouldn't even look at another person in a wanting or desiring sort of way.

Does everyone get what I am saying? We are to treat each others with respect, so if we are looking at people as "objects" to be desired rather than as human beings we are sinning.

Jesus also says in **Matthew 5:32**

"But I say to you that whoever divorces his wife for any reason except sexual immorality causes her to commit adultery; and whoever marries a woman who is divorced commits adultery"

What is the only reason Jesus says why people can divorce today? Only if one of the partners have committed adultery (had a special relationship with someone who was not their spouse).

So how much thought should you give to who you are going to marry? A lot, because you can't divorce that person for just any reason. You are to stay with them your whole life so that means you want to take your time and make a wise choice and pray to God for wisdom and guidance in choosing.

Paul also gives wise advice in 1 Timothy 5:1-2 on how young people should treat each other and they should look at each other.

1 Timothy 5:1-2

5 Do not rebuke an older man harshly, but exhort him as if he were your father. Treat younger men as **brothers**, 2 older women as mothers, and younger women as **sisters, with absolute purity.**

How should we treat each other in this classroom? As brothers and sisters with absolute purity. Wanting the best for them, and only thinking of how to treat them in a pure acceptable manner.

What about people in your classroom at school? Same way!

That is how we are to treat someone you might be interested in marrying – with absolute purity. Thinking of them as you would a brother or sister – wanting what is best for them.

Let's read **Exodus 20:14** again together out loud. **You shall not commit adultery!**

Ask the students if they have any questions before moving on to the next activity.

3) Exodus 20 Ten Commandments Poster Activity

5-15 minutes

Hand out one page to each child along with markers or pencil crayons. Since most children have already started their posters, hand them back to them to continue working on for this week.

Explain to them that, **“Each week we are going to study a commandment that God gave the Israelites. These were not the only commandments they were to follow, but they were the main ten principles the Israelites were to follow and these would guide them on to how to behave and act and what attitude they were to have towards God and others. It helps us today as well understand how God wants us to act, behave and the attitude we should have towards Him!**

Today we are going to fill in the seventh commandment. What is the 7th Commandment from Exodus 20:14? You shall not commit adultery. Meaning, we should treat our marriage vows seriously and stay with the person we choose to marry.

Now either write the words and/or draw a picture to show God’s seventh commandment in a way that is appropriate. Any questions?

Help students come up with ideas on how to represent this commandment. Go around the room helping students and making sure they only do the seventh box. They will do the others in the coming weeks.

4) The Commandments Maze and Memory Sheet

10-15 minutes

Hand out one maze sheet to each child, read any directions aloud and show them where the start and finish is. Explain the words that “Love God” is on the left to show the first 4 commandments, and “Love Others” is on the right to show the last 6 commandments and how we should treat others.

Once students complete the maze, for those that can read and write, have them write in as many commandments as they can remember in the correct order. Allow them to check their Bibles as they go to make sure they write it correctly and in the correct order. This is just a practice not a test, so looking at the Bible as needed is fine.

You can practice the 10 Commandments song while they work on the maze to help them remember the order of the commandments.

5) Optional – Ten Commandments Crossword

5-10 minutes

*if you did not do this activity last week you can do it today if there is time.

Hand out one sheet to each student with a pencil. Read the instructions aloud and do the sheet together for those who might not be able to read all the words. Go around the room helping students if needed and remind them they can turn to Exodus 20 for help!

6) Optional: Ten Commandments Song

2-5 minutes

Hand out one song lyric to each child from the printed template. Sing the song and practice it to help the children memorize the order and condensed version of the 10 Commandments. You can let them keep the songs if they want to practice over the week, or put them back in your binder to use for the coming weeks to sing at Sunday school. If needed, you can sing one line and have them sing it back to help them learn.

Exodus 20 “Ten Commandments” (To the tune of Jingle Bells)

No other gods, no idols

Don't misuse God's name.

Keep the Sabbath holy, that's God's special day, HEY!

Honor your Mother and Father

Don't murder, lust or steal

No false tales, no envy this is God's great deal, HEY!

7) Optional: Play Basketball Game to learn the Commandments

10-15 minutes

*This craft was made earlier – if you kept the basketball games at your class, or if you made an extra one to keep at class you can choose to play the game again to help students memorize the ten commandments.

If you have not kept any at class, move on to the next activity.



Game: Every time you score a goal into the cup – try to recite the first commandment – if you can't recite it, go to Exodus 20:3 and read it aloud. Then try again – go through until you can recite each commandment correctly three times and can name all commandments from memory.

*The goal of this quarter will be for the students to memorize Exodus 20 – the Ten Commandments and Jesus quote in Matthew 22:37-40 of the two greatest commandments we follow today, which help us follow all the other commandments in the Bible.

8) Optional – Snack: 7 Crackers or Chocolates

5 minutes

Hand out 7 crackers/chocolates to each child along with a glass of water or juice to each child. State that **each week as we go through the Ten Commandments we are going to have a snack that matches the number we are studying. So this week we will have 7 to represent the seventh commandment:**

Exodus 20:14 - You shall not commit adultery.

Today we know that Jesus wants us to not only keep our marriage vows, but not look at other people as objects and only look at them in a pure and honorable way as well! This snack helps us remember that “do not commit adultery” is the 7th commandment and helps us have a better relation with others around us and eventually our spouse!

Provide a napkin for children to clean their hands. Discuss any questions while snacking.

9) Close in prayer

*If desired, ask the children if they have any prayer requests and write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray.

Thank God that He teaches us how to make Him happy and in turn make our lives happy as well by following Jesus and God's good commandments. We pray that we will always respect and treat others as our pure and honored brothers and sisters in Christ. Pray that You God, will help us choose Godly, pure husbands and wives to marry and that they will follow Your commands as well. In Jesus precious and holy name, Amen.