

Lesson 11: I Will Be Patient & Confident Like Elijah

Objectives: Students will...

- 1) Learn of Elijah the prophet of 1 Kings 17-19
- 2) Do activities to help reinforce the idea that we need to be patient and confident in God
- 3) Recognize the importance of being patient while waiting for God to act

Accommodations: How will I accommodate individual needs of students? See Lesson 1

Supplies:

Teacher Materials (provided in classroom)

- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- Lesson Review Visual Aids – one for teacher to share at the beginning of each class from lesson 2
- Elijah Color Page/Visual Aids – one per student
- Elijah Activity Sheet – one per student
- Waiting for Something Great Story – one per student if reading as a group

Optional:

- Be Patient Craft Sheet – one per student
- Black Construction Paper – one per student
- Tape – to share
- Thumbtack/Push Pin – one per student
- Cardboard pieces – one per student to protect table from pins poking it
- Paper cups – 50 per every 3-4 students



Snack: Fed by Birds Skewers

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|--|--------------------------|
| - Fruit, cheese cubes, or bread pieces | a few for each student |
| - Bird Templates – one set of birds folded | one set for each student |
| - Tape – to stick bird to toothpick | as needed |
| - Toothpicks | one per student |
| - Napkin | one per student |
| - Water/Cup | one per student |

Lesson:

1) Introduction to Lesson

5 minutes

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance (using attendance chart supplied).

*Have Bibles for those who need them and Lesson Review Visual Aid Sheet to show students.

Show the lesson review visual aid sheet.

Can anyone remember what we have studied so far? Look at the picture, name what happened for the lesson we have already studied, and what we learned from that lesson.



Lesson 1: We should stay focused on Jesus. We do so by 1) getting rid of things that stop us from focusing 2) we work in all things with Jesus in mind, and 3) we think of Jesus throughout the day.

Lesson 2: We need to put God first by loving Him with all of our heart, soul, mind and strength.

Lesson 3: We need to seek God and we can do so like Jesus by taking some quiet time every day to pray.

Lesson 4: We are to love others as ourselves. Meaning we need to go out of our way to show love to others by our words, thoughts, prayers and actions.

Lesson 5: We can be brave like Esther and Mordecai who stood up and took responsibility to help others.

Lesson 6: We can be determined and persistent like the four friends who had enough faith to keep trying to bring their friend to Jesus.

Lesson 7: We can be daring by giving our all like the widow did when she gave all she had to live on to the Lord knowing He would care for her.

Lesson 8: We can be ready to serve and listen like Samuel who served God his entire life and was willing to act when called to serve.

Lesson 9: We can stand up for God like Shadrach, Meshach, and Abednego who would not worship a false image but stood up for God and won!

Lesson 10: We can be wise like Miriam who was willing to help and knew what to say to help baby Moses.

2) We Can Be Brave With Faith in God

5 minutes

Who are the heroes we have studied so far? Esther, Mordecai, Four Friends, the Widow, Samuel, Shadrach, Meshach, and Abednego, and Miriam.

What were the things that made them heroes? Courage, faith, bravery, persistence, daring, giving, determined, ready to serve, listen, helpful, wise, and willing to stand up for God and to do what was needed and right.

The important thing is that they all had a strong faith in God which gave them courage to make the right choices.

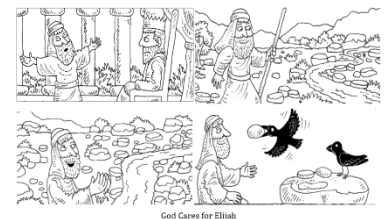
Today's hero was a prophet. He lived during a very tough time in Israel's history when the kings did evil and even killed those who stood up for God. This prophet had to be patient, confidently knowing that God would provide...and you know what? God absolutely did!

3) Elijah

15 minutes

*Hand out one color Elijah sheet to each student with crayons. Allow them to color each section as you read the account from the Bible.

Elijah prophesied during the time of the kings in 1 Kings 17. He had a tough job - trying to reach the northern divided kingdom of Israel during one of the worst kings ever!



Read **1 Kings 16:29 - 33**

King Ahab was very, very evil. Even though the people of Israel were only to marry those who had the same belief in God, Ahab the king married Jezebel from the Sidonians and she was extremely evil. Poor Elijah had to stand up to two very important, evil people.

Let's see what happens...

Read **1 Kings 17:1-6** Elijah Fed by God Through Ravens

Discuss:

What did Elijah tell King Ahab?

How did God take care of Elijah? By sending ravens to give him meat and bread day and night.

In what ways does God take care of you? Let students answer.

Elijah must have been very patient while he waited.

Do you find it hard to be patient? Let students answer.

What would have happened if Elijah wasn't patient? Let students answer.

Why was Elijah patient? Because he know God was in control and would do things in the right time.

Read **1 Kings 18:1-2, 17-46**

Elijah and the False Prophets of Baal

Did Elijah have a choice in this story and if so, what was his choice? Yes. To stand up for God against an evil king and 450 false prophets or not to.

How did Elijah know that God would start the fire? God had already proven He was trustworthy – fed Elijah with ravens, God listened to Elijah when Elijah prayed it wouldn't rain, God had kept him safe all these years.

Elijah could have gone along with the crowd and worshipped Baal like everyone else. But Elijah stood firm in his faith for God. He was patient and confident that God would provide and Elijah did not give in.

He knew that even if he poured water over the wood, the fire would start! He knew his God was that powerful! We can know of God's power too by reading the events in the Bible, the prophecies, miracles and eye witness testimonies that prove that God is true, faithful, and worthy to be worshiped! God is the Only True God! We can have absolute confidence in Him, just like Elijah!

Elijah had confidence. Not in himself, but in God's ability to take care of the situation.

How can we be brave and patient today? Let students answer.

While students color page, re-read condensed account of Elijah below:

Ahab was a bad king of Israel. Elijah was on of God's prophets. One day Elijah went to see King Ahab because God told him too. Elijah told King Ahab that the Lord God of Israel had said that no rain or dew would fall the next few years unless Elijah commanded it. God knew that Ahab would be mad at Elijah, so God hid Elijah near the Jordan River. He sent ravens with food to feed Elijah.

When the time was right, God sent Elijah back to Ahab. Elijah told Ahab to bring the 450 prophets of the false god Baal to Mount Carmel for a contest. The prophets of Baal built an altar and put a

dead bull on it. They called on Baal to set the offering on fire, but of course because Baal was imaginary and fake, it didn't happen.

Then Elijah built an altar, put a dead bull on it, poured 12 huge jars of water over the bull, and then asked God to set it on fire. God did! He sent fire from heaven to burn up the bull, the altar, all the water and even the stones! Because of Elijah's patience and confidence in God – he stood up to Ahab and God's power made all the people worship Him as the only true God.

4) Waiting for Something Great Story

10-15 minutes

Read the following story to the students. Ask them to be patient and listen carefully as you read. Another option is to get students to take turns reading the different parts. Each student can read either Dad, Sam, Shawn, Mom, or Narrator. If you choose to do this, hand out one sheet of the Waiting for Something Great Story to each student who will be reading. You will need 5 if having students read different parts.

Dad: "I have a surprise to tell you about," Dad told Sam and Mom. "One week from today, we are going on a vacation to Play Park!"

Sam: "Really! Sam said hugging his dad. "Thank you! Thank you! Thank you! I have been wanting to go there for three years! Now finally, I get to go!"

Narrator: Dad grinned as he watched Sam jump up and down.

Dad: "Would you like to invite Shawn with you so you will have someone your age to go on the rides with?"

Sam: "Oh yes, I'm going to call him right now! Thanks."

Narrator: The next day, Sam was miserable.

Mom: "What's wrong Sam?"

Sam: "I have to wait six whole days until we get to go to Play Park. I can't wait, it seems like that day will never get here."

Mom: "When you have to wait, make it easier on yourself by playing the Waiting Game. Think about what you can do between now and then to make the time go faster."

Sam: "Well, I could...let's see...I could set up a lemonade stand down on the corner each day and make some spending money for the trip. Maybe Shawn will help me."

Mom: "Good idea!" I'm make some lemonade.

Narrator: "Finally, the day came for the big trip. They had only ridden in the car for 30 minutes when Sam said:

Sam: "How much longer till we get to Play Park, Mom? It's boring to ride in the car. I'd rather be riding on the roller coaster!"

Mom: "Oh, its two more hours until we get there. Maybe you boys should play the Waiting Game."

Narrator: “So the boys thought about what they could do to pass the time until they got there. First, they played the Animal Game. That’s where you name all the animals that start with an “A” until someone can’t think of one. That meant the other person wins. Then they played again with the “B” words, and so on.”

“Later on they played the Sign Game. They took turns finding words on signs that begin with the letters A to Z. They were having fun when all of a sudden, Dad said:”

Dad: “Look! There’s Play Park!”

Narrator: “Sam and Shawn were so excited. They could hardly wait to ride the Rip Roaring Roller Coaster. After they parked, a shuttle bus picked them up in the parking lot and took them to the entrance. They couldn’t believe what they saw. It was a long, long line of gray-haired adults.”

Shawn: “Oh, no! Look at the long line!”

Sam: “Well, it looks like we will have to play the Waiting Game again just to get into the park!”

Narrator: “It was a good thing that Sam and Shawn learned how to wait patiently because they had come to Play Park on Senior Citizens Get in Free Day!”

Discussion Questions:

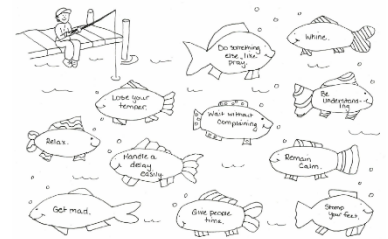
1. Why was it hard for Sam to be patient?
2. When is it hard for you to be patient? Why?
3. What are some things you do when you are trying to be patient?
4. How are things more difficult when people are impatient?

5) I Will Be Patient and Confident Like Elijah Activity Sheet

15 minutes

Hand out one set of sheets to each student along with pencils and crayons. Read the directions aloud, help as needed.

Discuss any questions and ideas as a class. Relate these to the lesson and to how: **Just like Elijah, we need to have patience today. We need to let God work in our lives, knowing that He will take care of us and our situations. We can have full confidence in God. Even though it might take time and seem scary, we can know for sure that God will help us in our situations and the right outcome will occur if we are brave and wait patiently.**

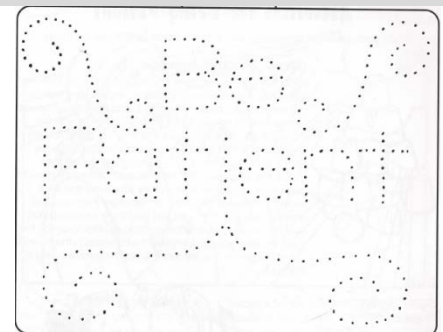


6) Optional: Patience Plaque

10 minutes

Before class: Print one “Be Patient Plaque” for every student, have tape to share, thumbtacks or push pins, and one sheet of black construction paper per student. IF you don’t have a plastic table, make sure each student also gets a piece of cardboard so that when they push the pins through the paper, the pin will poke the cardboard and not the wood table.

During class: Say: **We are going to try being patient! Listen carefully as I hand out one sheet to each of you.** Hand out sheets, black construction paper, and one piece of tape to each student. Also hand out one piece of cardboard per student if needed.



First, lay your cardboard on the table to protect the table. Then, I need you to put your black paper behind the plaque sheet. Tape the top so that they stay together. Next, I am going to hand out a thumbtack to each of you. Being responsible and careful, you will punch holes in every little dot in the words and design on your plaque. This takes patience! When you are finished, remove the tape. Hold the black page up to the light to read the message. You can take this home and place it in a window to remind you that just like Elijah, we need to be patient for great things to happen!

While students make their plaque discuss the following:
What does it mean to be patient? Let students answer.

To be patient means...

- To wait without complaining
- To endure problems with self-control
- To hold on for a while
- To handle problems without getting upset
- To remain calm during a delay
- To not lose your temper

Help students as needed. Ensure all thumbtacks are collected and put away before continuing on.

7) Optional: Pyramid of Patience

5-10 minutes

Before class: 50 Paper Cups for every 3-4 students.

Split the class into groups, ensuring older students are with younger students. Ensure there is enough room on the table or floor for kids to stack and not interfere with the other groups.

Explain that: **Each group is going to work together to build a pyramid out of cups. You need to stack the cups higher and higher until you have used up all the cups you were given. You will have to be patient with each other and take turns working together. Each person in your team gets one turn to stack a cup, then it is the next person's turn. You will all have to be patient if the cups fall and you have to start over, or if you have some cups left over and you have to rebuild the pyramid in order to use all the cups. Anyone who gets impatient with others in the group is taken out of the game. The first team to build a pyramid using all the cups wins.**

Help as needed.



8) I Will Follow Songs

5-10 minutes

Choose songs from the I Will Follow Song Sheet and/or sing song below:

Be Patient Song

(Tune: The Farmer in the Dell)

Be patient while you wait.
Be patient while you wait.
Don't lose your temper or complain,
Be patient while you wait.

(Sing it again, pausing a few seconds each time before you sing "wait.")

9) Optional: Memory Verse

2-5 minutes

For this quarter, each week have the students go to **John 14:6** in their Bibles and read the verse allowed as a class 2 times. Other options include:

- You saying a word and having them repeat it as you go through the verse
- Have students repeat a small phrase ex: *"I am the way"* a few times before working on the next phrase.
- Have students repeat after each other
- Ask students to think of hand gestures. Ex: Point ahead when you say "the way", point to their Bibles when they say "truth", etc. and then go through verses as a class with gestures.

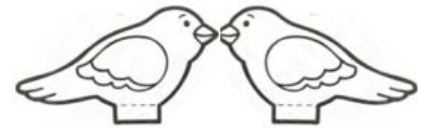
John 14:6

Jesus said to him, "I am the way, and the truth, and the life. No one comes to the Father except through me."

10) Optional – Snack: Fruit, cheese cubes, or bread pieces (Fed by the Birds) 5 minutes

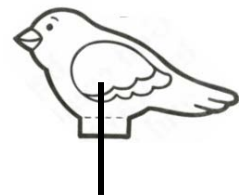
***Before Class: Cut out bird templates** – one per student.

Fold at the beak and tape the bird to the top of a toothpick so each child has a little bird to pick up their snacks.



Hand out a few pieces to each student, ensuring you check for allergies first. Say, **this snack is to remind us that God cared for Elijah by feeding him what? Raise your hand if you remember?** Bread and meat by the ravens and water from the brook. **You can eat your snack today the same way.... Sort of. You can use the bird skewer to pick up a piece of your snack and eat it to remind us all that God can provide for us – Just like He provided for Elijah. We can be confident and patient knowing God will give us all we need.**

Provide a napkin for children to clean their hands if needed. Review with students by asking them questions from the lesson again and discuss any questions they have while snacking. What did they like best about today's Bible reading? What questions do they have about today's lesson?



11) Close in prayer

*If desired, ask the children if they have any prayer requests and write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray.

Before praying say:

Elijah prayed to God and God listened. God helped Elijah and He helps us today as well. We can be brave and patient knowing God will take care of us and our situations in time. Let's pray now, just like Elijah did.

God, You are powerful and wonderful. Thank You Lord for all You provide us. Thank You for Your Son who died so we can live for eternity with You in Heaven. Thank You for those in our lives who are ready to serve You and stand up for You.

Help us to take the time to devote and dedicate our lives to You, with all our mind, soul, heart and strength. For You are worthy, good, awesome, and loving towards us. Give us wisdom Lord, so we can serve and love others and You, even now at our young age. Help us be brave and stand strong. To take joy in working hard for You. Pray for those who could not be here today, and pray for those here who have special issues in their life. Be with them, guide, comfort, and bless them. Help us to stay focused on Jesus and be brave in making the right choices this week. In Jesus' name, amen.