

*Preschool Summer*  
*Lesson 11:*  
*We Can Help Like Timothy*

**Objectives:** Students will...

- 1) Learn **2 Timothy 1:5; 2:15; 3:15**– Timothy was trained to know and love God and be a helper
- 2) Do activities to learn ways and feel able to help others
- 3) Point to and name ways to help and know that Timothy was a helper too

**Accommodations:** How will I accommodate individual needs of students? See Lesson 1 for ideas

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**Supplies:**

**Teacher Materials (provided in classroom)**

- Pens/Pencils
- Bible (please bring your own)
- Crayons/Pencil Crayons
- Attendance Sheet
- Stickers – one per student
- Timothy is a Helper Activity Sheet – one per student
- Brooms for Timothy Helping Sheet – printed on brown paper (5 per page) – one per student cut out before class
- Glue sticks to share
- I Can Help Like Timothy Puzzle Sheet – one per student
- Scissors – one for teacher
- Ways I Can Help Drawing Sheet – one per student
- Timothy Visual Aids – one for class to share

**Optional Activities**

- Cleaning supplies – small water spray bottles (with or without a little water in them); dust clothes; paper towels; dust pan and brooms, etc.
- Plastic child sized dishes and plates to “set the table”
- Storybook or visuals of this story to show kids (if available)
- Snack – Apple pieces – enough for each child
- Napkins
- Cups with water
- Puppet to tell students the real events from the Bible

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**Lesson:**

**1) Introduction to lesson:**

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance (using attendance chart supplied). Let each child put a sticker beside their name. Have them sit around the table.

While waiting for others to show, you can talk about different ways we have been helped and can help others. Examples include: helping mom with putting away dishes, cleaning up toys, helping brothers or sisters carry something, helping find some toy or item that was lost, giving a hug when someone is hurt or crying, etc. Tell students as they come in: **Today we are going to learn that we are helpers. Helping makes everyone happy and makes Jesus happy too! We will learn about a boy named Timothy who grew up**

**just like you – learning about God and Jesus and helping others. We can be like Timothy and be good helpers. Let's do some rhymes and songs to get us started.**

**Action Rhyme/Songs:**

**I Want to Help**

I want to help in every way!  
With ears, eyes, and mouth, (*point to each*)  
With feet, (*bend down and touch feet*)  
And hands (*clap hands*)  
I want to help today!

**Timothy Helped**

(tune: Row, row, row your boat)

Timothy helped at home, he helped at home.  
As he was growing, Timothy helped at home.

Ask the children what ways Timothy could have helped at home and then sing and do the actions: Example:  
Timothy swept the floor;  
picked up toys;  
made his bed;  
dusted, etc.

**I Love Jesus**

**Tune: Twinkle Twinkle Little Star**

Adapted from Sylvia Tester

I love Jesus – I can say,  
I will love Him everyday.  
While I work and while I play.  
I will love Him every day.  
I love Jesus – I can say,  
I will love Him everyday.

I will use my helping hands.  
I will use my helping hands.  
Pick up toys and share with friends.  
I'll be Jesus helper friend.  
I will use my helping hands.  
Pick up toys and share with friends.

I will use my helping eyes.  
I will use my helping eyes.  
Look for things to do to care.  
I'll be Jesus' helper everywhere.  
I will use my helping eyes.  
I will look for things to care.

I will use my helping ears.  
I will use my helping ears.  
Listen when my mommy calls.  
I'll be Jesus' helper to all.  
I will use my helping ears  
To listen when my mommy calls.

I will use my helping mouth.  
I will use my helping mouth.  
I will tell of Jesus' love.  
I will tell of God above.  
I will use my helping mouth  
I will tell of Jesus' love.

**We just sang some songs about our friend Jesus. Jesus wants us to be helpers. In our Bible it says we should be helpers. It makes God and Jesus and us happy when we do!**

**2) Timothy Was a Good Helper Bible Time**

**10 minutes**

\*Optional: Have visual aid/ or story book pictures ready to show children.

When all arrive say to students, **“We have been learning that we are helpers. Today our story is about a young boy who was taught to be a helper in his home and grew up to help others as a minister. You can be a helper right now too, by listening to the Bible.**



**Paul an apostle who wrote many of the letters in the Bible wrote a letter to Timothy. In it Paul says: Read 2 Timothy 1:5; 3:15; and 2:15 below**

*When I call to remembrance the genuine faith that is in you, which dwelt first in your grandmother Lois and your mother Eunice, and I am persuaded is in you also....and that from childhood you have known the Holy Scriptures, which are able to make you wise for salvation through faith which is in Christ Jesus. Be diligent to present yourself approved to God, a worker who does not need to be ashamed, rightly dividing the word of truth.*

**Paul is talking about Timothy – Timothy was raised knowing God with the help of his mother Eunice and grandmother Lois. Just like you are learning about God thanks to your mom, dad, or grandma or grandpa who bring you to church. Paul goes on to tell Timothy that because of Timothy’s knowledge of God’s Word and his faith in God and Jesus, he will and can make God very happy by being a good worker and helper who does God’s will. We can be helpers too – just like Timothy! Timothy listened to Paul and his mother and grandmother and read his Bible, studied God’s word, prayed and helped others and that made everyone he helped very happy!**

**We can be helpers like Timothy. This time I want you to be good helpers by listening and watching very carefully so you will know what actions to do with me, ok? Get ready?**

**The Bible tells us about a boy named Timothy. When Timothy was small, maybe about your age, he probably liked to help his mother and grandmother. Perhaps Timothy would help his mother sweep the floor. (Let children stand up with you and pretend to sweep the floor. When done ask them to sit back down.)**

**Timothy liked to hear his grandmother read the Bible. She might have said, “Timothy, please bring me the Bible so I can read you a Bible story.” Timothy probably hurried to bring her the Bible. Then his grandmother would read the Bible to him as he sat very quietly and listened. (Hold hands together as a book and pretend to read.)**

**Sometimes Timothy’s mother may have needed sticks to build the fire so she could cook. Perhaps she would say, “Timothy, please bring me some sticks for a fire. Thank you, Timothy, for being such a good helper!” (Let children pretend to pick up sticks.)**

**Timothy was a good helper. He was ready to do what his mother and grandmother needed him to do and he helped Paul and many others too! He liked being a helper!**

**Now, let's all be good helpers and sit back down so we can do the next fun activity!**

**Let's sing some songs about being big enough to help.**

### **Big Enough Song**

Tune: London Bridge

I am glad I'm big enough,  
big enough, big enough,  
Big enough to come to church; Just  
like Jesus!

I am glad I'm big enough,  
big enough, big enough,  
Big enough to come and help; Just like  
Jesus!

### **A Helper I Will Be!**

Tune: Farmer in the Dell

A helper I will be, a helper I will be.  
There's work to do, there's work to do  
In my family.

I love to help my mom; I love to help my dad.  
I love to help; it makes God glad.  
A helper I will be.

## **3) Timothy is a Helper Activity**

**10-15 minutes**

**Before Class:** Print brooms onto brown paper and cut out – one per student. Have activity sheet, crayons, and glue sticks ready.

**During class:** Hand out one page to each child with crayons. Read the title and allow children to color the page.

**Say: This is Timothy, the boy in our Bible story. He looks like he is trying to help.**

Ask the students the questions:

**Who is this boy in the picture?** Timothy

**What is he doing?** Looks like he is sweeping the floor but he is missing the broom

**How is Timothy helping?** He is cleaning up/sweeping/helping family

**What is missing from this picture?** A broom

When children are done coloring show them their brooms and ask someone who is sitting nice to hand out one broom to each child including one for themselves. Thank them for being a good helper.

**Say: We are going to glue the broom onto the page so that Timothy can finish cleaning.**

Help children glue their brooms to the page.

**What are ways we can be helpers too?** Clean house, sweep, do what mom asks us to, help make our beds, put our toys away, give a hug to someone who is hurt, etc.



As you do this activity say:

\_\_\_\_\_ is a good helper, she/he is putting away her/his crayons.

\_\_\_\_\_ is a good helper, she/he is sitting quietly waiting for her turn.

\_\_\_\_\_ is a good helper, she/he is listening quietly.

\_\_\_\_\_ is a good helper she/he is doing what was asked.

**We are all good helpers just like Timothy.**

## **4) I Can Help Like Timothy Puzzle**

**10 minutes**

Hand out one sheet per child with crayons. Tell the children:

We are going to make a puzzle out of this picture. First we are going to color it, then I will cut it into sections and you can see if you can put it back together again!

Let children scribble color while you talk about the picture:

**What is this child doing?**

**Have you ever helped that way?**

**How do you help at home?**

**Can we point to the girl who is helping?**

**She is a helper. You can be a helper too by putting all the crayons away so we can make your picture into a fun puzzle!**

Take each child's picture and ask if they would like you to cut it into puzzle pieces for them so they can put it back together. Cut the pictures of those children who are interested into 4 or 6 rectangle pieces (keep shape simple so it is easy to put together again). Let children put their picture back together again. Encourage other children who did not want their picture cut to watch and encourage those who are trying.



When done, say: **just like the little girl we can be helpers too! Let's be good helpers this week and help our families at home. Ask your mom how you can help at home this week.**

#### **5) Optional: I Can Help Follow Along Game**

**5 minutes**

Line the students up in a row so that they can all see you and have enough space to move their hands and feet without hitting anyone beside them.

**Say to the students: I am going to say "Helpers" and then an action word. I want you to follow and do what I say. Just like Timothy was a helper, we are going to follow along and be helpers too by doing what I say, ok? Ready? Everyone quiet and listen.....good job.**

Helpers – help sweep the floors

Helpers – help dust the chairs

Helpers – pray to God

Helpers – give someone a hug

Helpers – help someone who is hurt by putting on a bandage

Helpers – help set the table

Helpers – help by listening to mom and go to bed on time

Helpers – help by listening when we read the Bible

Helpers – sit down!

**Thank class for playing and then have them sit at the table for the next activity.**

#### **6) We Can Help Others Color Page**

**10-15 minutes**

Hand out one page to each child. Read the words while handing out crayons. Help students go through the pictures and determine how each child in the pictures is helping. Then help them come up with ideas to draw at the bottom of the page that show them helping as well.

When students are done coloring, ask them: **How can you help like the little girl in bed?** Let students answer. **How can you help like (pick one of the children on the page)?** Say: **We are helpers! Just like the children in these pictures and like Timothy we can be good helpers too.** Get students to help clean up crayons and thank them for helping before moving onto the next activity.



## 7) Optional: We Can Help Others Clean-Up Time

5-10 minutes

Have cleaning and dish supplies available, enough for children to share so they can clean and set the table, etc.

Explain to the students: **We are going to take turns and help clean.** \_\_\_\_\_ (child's name) **can you tell me what I have here? How could you help with a** (broom/dust cloth/spray bottle/plates, etc.) **Who might you be helping?** Let each child have a turn picking something and then ask them how they can use it to help clean. **We can clean the floors, chairs, tables and more. We can help set the table. When you help your family, you are helping the way Timothy probably helped his mother and grandmother! All of you are big enough to be helpers. And Jesus is happy when we help others! Thank you for being good helpers today.** \_\_\_\_\_ (child's name) **is helping by cleaning the chairs.** \_\_\_\_\_ (child's name) **is helping by sweeping the floors.** Continue mentioning each child who is helping and what specifically they are doing that is helpful. For any students who do not want to help, this might encourage them to help when they hear that others are being praised for their helpfulness. **Remember let's work together to help!**

Allow students to share supplies. Say: **You are big enough to help. What are other ways we can be good helpers? We can help by praying for someone, calling our moms or dads and telling them when someone gets hurt, giving hugs, visiting someone who is not well, and more. We are helpers! Let's be helpers this week at home – chose a way you can be a good helper just like Timothy.** Sing the song below and help them do the actions:

### Timothy Helped

(tune: Row, row, row your boat)

Timothy helped at home, he helped at home.  
As he was growing, Timothy helped at home.

Ask the children what ways Timothy could have helped at home and then sing and do the actions: Example: Timothy swept the floor; picked up toys; made his bed; dusted, set the table, washed the windows, etc.

Ensure everything is put away and that everyone helps. Praise children for cleaning up.

## 8) Optional: Follow the Leader – I Can Help Game

5 minutes

Have students line up behind you. Tell them they are going to play follow the leader – we are going to follow each other and be good helpers. Have teacher assistant (if you have one) go at the back of the line so he/she can watch the children and keep them in line. March around the room doing different actions that they are to follow as you go, examples sweep the floor, bend down to help someone who fell, pick up toys, etc. The idea is to get the children to follow you. When finished, tell them **“Good job – you followed and were good helpers just**

like Timothy. Let's remember that it is good to follow God and do what He says. He tells us to be good helpers. You are big enough to be good helpers!

## 9) Sing

Choose songs especially about helping.

### Timothy Helped

(tune: Row, row, row your boat)

Timothy helped at home, he helped at home.  
As he was growing, Timothy helped at home.

Ask the children what ways Timothy could have helped at home and then sing and do the actions: Example: Timothy swept the floor; picked up toys; made his bed; dusted, etc.

## 10) Optional – Snack: Apple Pieces

5 minutes

Have a small container with apple pieces washed and cut before class. Also provide each child a glass of water. Explain that, **“Today we learned that we can help – just like Timothy. We can help people feel better, we can help our family with chores and cleaning up, we can help today by handing out apple slices!** Ask a child who is sitting quietly if they would like to take an apple piece and hand it to the child sitting next to them. Thank them for being helpful when they do. Next, let another child take a piece and hand it to someone who doesn't have one, thank them for being a good helper. Keep going until every child has handed out an apple slice to someone. If someone doesn't want an apple slice remind them to say “No thank-you” and then have the child handing it out, give it to someone else (maybe you.) Once everyone has shared and helped, continue giving children another apple slice or two while you discuss what they learned today. **Let's talk about all the ways we learned about helping and ways we can help while we eat our snack.** Provide a napkin for children to clean their hands. Discuss any questions while snacking!

## 11) Close in prayer

Ask all children to bow their heads and fold their hands to pray, then say: Thank You God for the world You made and for showing us people in the Bible who followed Jesus and were good helpers. Thank You Jesus that You bless us and provide for us! You are always very helpful to everyone. Thank you for providing our food, clothes, family, homes and friends. We love you. Help us to be good helpers everyday.  
In Jesus name, Amen.