

# Lesson 1: Israelites Oppressed and Moses

**Objectives:** Students will...

- 1) Study Exodus 1-2:10 - Israelites are oppressed and the birth of Moses
- 2) Learn that Moses' parents and the Hebrew Midwives were faithful to God and trusted Him.
- 3) Do activities that help students remember the events of Chapters 1 and 2:1-10

**Supplies:** Coordinator will ensure these supplies are ready for you in advance. If not discuss with him/her.

## **Teacher Materials (provided in classroom)**

- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- Israelites Oppressed Multiple Choice Sheet – one per student
- Moses in the Reeds Color Page – one per student

or

- Moses Break the Code Activity Sheet – one per student

## **Optional:**

- Storybook of this story with pictures to show kids (if available) and/or
- Flannel Display Board with this story (if available)

## **Snack:**

- M&M's small handful per child
- Napkins for snack one per child
- Juice or water and cup one per child

## **Lesson:**

### **1) Introduction to Lesson**

**2 minutes**

As students enter, welcome them and help find a chair to sit at. Thank them for coming.

Take attendance (using attendance chart supplied). Write in the name of each student on the chart and let each child put a sticker beside their name for this week. Once children are seated say:

**This quarter we will continue to study the Old Testament. Today we will start the book of Exodus! This is the book that comes after Genesis and talks about the leaving or exit of the Israelite people from Egypt where they went during the famine at the time of Jacob and Joseph. The word Exodus means “going out” so it is a great name for this book because the Israelites go out of Egypt!**

### **2) Israelites Oppressed**

**5-10 minutes**

**Optional:** if you have a book with pictures showing this story you can show the pictures as you read from the Bible, or if you have flannel characters, etc. you can use those as visuals while reading from the Bible.

Ask children to get their Bibles and turn to Exodus 1. Ask for volunteers to take turns reading a few verses each from Chapter 1 then thank them for reading. (Ensure you only ask from students who are comfortable reading and volunteer – don't insist incase some have difficulty reading). Ask students if they have any questions before moving on.

### 3) Israelites Oppressed Multiple Choice Sheet

15-20 minutes

Hand out one sheet to each student along with pencil crayons. Read each question aloud and have students circle the right answers as they follow along. If need be, review the verses the question is referring to. Or, you can ask questions as you and the students read through the chapters in Exodus.

Answers:            B        C and/or D    A        C        D        B        B        C        D        A        C

### 4) Birth of Moses

10-15 minutes

**Optional:** if you have a book with pictures showing this story you can show the pictures as you read from the Bible, or if you have flannel characters, etc. you can use those as visuals while reading from the Bible.

Have students turn in their Bibles to **Exodus Chapter 2** ask for volunteers to read from **2:1-10**.



Ask the following:

**How long did Moses mother hide him?** 3 months

**What did she place Moses in to keep him safe?** A papyrus basket coated with tar and pitch – this would make it waterproof and help it float.

**Where did she place Moses to keep him safe?** In the reeds along the river so he wouldn't float away.

**Who stood to watch Moses to see what would happen?** Moses' sister – we later find out her name is Miriam.

**Who found the baby?** The Pharaoh's daughter!

**What did Miriam ask the daughter?** Do you want me to get a Hebrew woman to nurse the baby for you?

**When the daughter said yes, who did Miriam go and get?** Her mom!

**What did Pharaoh's daughter tell Moses' mom?** She asked her to take care of him and she would pay for her to do it!

**Moses mom trusted in God and knew that she should not kill him as Pharaoh had commanded because that was wrong! Because of that, God took care of Moses and his family.**

**Exodus 6:20 tells us the name of Moses mom and dad – Amram and Jochebed. Two faithful people who trusted in the Lord.**

**Let's turn to Hebrews 11:23 and read what it says about Moses' parents in the New Testament.**  
Read Hebrews 11:23

**Moses parents were not afraid of the king's edict – they knew they had to obey God not man! We should always obey those in authority -the Bible commands it, but the Bible says do not obey the authorities if it is against the Bible. For Moses' mom, she obeyed God rather than the Pharaoh who was trying to get her to kill her own child – which was against God's will.**

**5) Moses Break the Code Activity Sheet or Color Page****10-15 minutes**

Hand out one sheet to each child along with pencil crayons. Let them choose either the color page or break the code.

For the Break the Code, read the directions aloud and have students fill in the words to answer the questions. At the end read the answers aloud as well since some of these Bible books will be difficult. Ask students while they work – **what was their favorite part of the Bible account today and why?**

**Answers: Draw Out****Genesis, Exodus, Leviticus, Numbers, Deuteronomy**

See if there are any questions about what the students have studied today before moving on.

**6) Optional – Snack: M&M's****5 minutes**

Hand out snack to each child along with a glass of water to each child. Explain that, **“Today we began to learn about Moses. Moses was born during the time of the Hebrews being enslaved in Egypt. To help us remember Moses – we are going to eat these M&M's because they have the letter M and Moses' name starts with the letter M!** Provide a napkin for children to clean their hands. Discuss questions while snacking!

**7) Optional – Songs****5 minutes**

Have children sing songs with you. Some examples:

**1) Old Testament Books of the Bible – Sung to the Alphabet song****2) Itty Bitty Moses – (Sung to the tune: Itsy Bitsy Spider) see lyrics below**

Itty Bitty Moses was crying in his room,  
Then came his mommy and sang a little tune.  
“Hush little baby, the Lord will be your guide,  
And no one will ever harm you,  
For God is by your side.”

Into a tiny basket, Baby Moses went.  
Placed into the Nile, and to the reeds sent.  
“Hush little baby, the Lord will be your guide,  
And no one will ever harm you,  
For God is by your side.”

Pharaoh's princess daughter saw Moses in the Nile,  
Picked him up and loved him and raised him as her child.  
“Hush little baby, the Lord will be your guide,  
And no one will ever harm you,  
For God is by your side.”

**8) Close in prayer**

\*If desired, ask the children if they have any prayer requests and write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray. Remember to also

ask God for help in studying the Old Testament and to remember to be like Moses' mom -faithful and obedient to God, even when it is hard to do.