

Lesson 3: Adam and Eve and How They Point to Christ

Objectives: Students will...

- 1) Learn that Adam and Eve sinned and the consequences for us today because of it.
- 2) Learn that Jesus is mentioned as the solution in God's response to Satan and How God points to Christ.
- 3) See why sin is so bad and can happen so easily and why we should be careful to recognize sin.
- 4) Do activities that relate to understanding of Adam and Eve.

Supplies: Coordinator will ensure these supplies are already in your room.

Teacher Materials (provided in classroom)

- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- Two large clear glass jars
- Water to fill jars
- Dirt or old Coffee Grounds to put in one of the jars
- Spoon to stir if needed.
- Adam and Eve Color Page and Questions Sheet – one per student
- Pointing to Christ Activity Sheet – one per older student
- Color By Number Sheet – one per younger students.

Optional:

- Garden of Eden Word Search – one per student
- Story book of Adam and Eve with pictures to show kids if available and/or
- Flannel Display Board with Adam and Eve Characters, serpent, tree, etc. if available

Snack:

- 3 Different Fruit – bite sized pieces enough so every child gets some
- Napkins for snack one per child
- Juice or water and cup one per child

Lesson:

1) Introduction to lesson

5 minutes

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance (using attendance chart supplied). Let each child put a sticker beside their name for this week. Once children are seated say, **“Last week we studied why the Old Testament is important for us to study today. We began to look and review God’s creation including God creating Adam and Eve. Today we are going to continue to learn about the Old Testament and Adam and Eve! Today we will see that they sinned and that by doing so there were consequences for them and for even us today! Sin is so bad, even if you think it is a small sin it can have effects that last a long time and cause a lot of people harm. We have to recognize sin and try to avoid it in our lives. Let’s learn from Adam and Eve today!**

2) Adam and Eve and the Fall of Man

5-10 minutes

Before class get two clear glass jars with lids, water and either some dirt or old coffee grounds. Fill one with clean water and seal with lid. Leave the other jar empty for now.

Optional: if you have a book with pictures showing this story you can show the pictures as you read from the Bible, or if you have flannel characters, etc. you can use those as visuals while reading from the Bible.

Say, “**Can we all get our Bibles? Let’s turn to Genesis Chapter 3:1-24 and follow along as I read the story of Adam and Eve in the Garden of Eden.**”

Today we read about the first two people on earth – Adam and Eve and how the events in their life also show us from the Old Testament that all along God planned to send Jesus to earth to conquer Satan and save us from our sins.

When God created the world, He made everything. God made the sky, sun, moon, and stars. He made the land, oceans and lakes, animals, big sea creatures, and the birds that fly in the sky. And He created us – humans – the first man and woman, Adam and Eve.

When God made Adam and Eve, He told them to care for the earth. He told Adam and Eve that they as people would look after and protect every living thing – plants, animals, and birds – and the earth would provide all the food and water we as people would need. Everything God made was perfect. The earth was without problems like sickness, pollution, or hunger because God created it that way. He made everything to work together perfectly – nature, animals, and people.

*Show the jar of clean water and say: **Like this water, everything was clean, pure, and good.**

But Adam and Eve disobeyed God. And because they did, He sent Adam and Eve out of the Garden of Eden and told them life would now be hard for them and for their family. They – and we – would have to live with pain and work very hard for food. Most of all, we would be separated from God and the earth would not be perfect any longer.

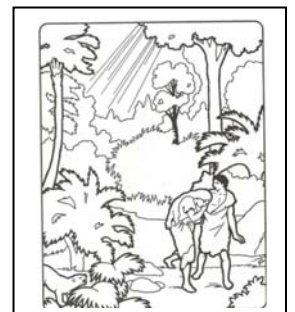
*Show the other jar - fill it with water, then add the dirt or coffee grounds and stir if needed – Do Not Drink ☹️ Then say: **When Adam and Eve disobeyed, sin came into the world and the earth was not perfect anymore like this water that is now dirty – it cannot be made clean again without some kind of intervention. On its own it is dirty – full of sin. But thanks to God we will see that God had a solution from the beginning to help us be clean once again. We will still have the consequences of Adam and Eve’s sin but we won’t be full of sin if we follow God.**

3) Adam and Eve Color Page and Questions

15-20 minutes

Hand out the sheet and a pencil crayons to each child and ask children to put their name on the front of the page. Tell the children, “**Now that we have read about Adam and Eve we are going to answer the questions that follow.**”

*For younger students unable to read, write, or focus, they can color the sheet and listen to the story and questions at the same time to avoid becoming bored.



Read the instructions and teaching from the Activity Sheet, and after you have read that, go through as a class the questions it asks below and see answers below.

Discussion Questions:

What did Adam and Eve do that was wrong? They ate from the Tree of Life that God said not to.

What were the consequences of their sin?

For Man: the ground would no longer be perfect, it would be full of weeds, etc that would make the work of the man hard. He will always have to work hard for his food.

For Woman: Pain when giving birth to children and a desire to be with her husband and that the husband would rule over her.

For Satan: Hatred between Jesus (the woman's offspring or descendant) and Satan. Jesus would crush Satan's head – which he did when he rose from the dead after dying for our sins at the cross.

Ask students, **who sinned – Eve, Adam or both?** Let students answer.

Then have them go to **Genesis 3:6**

Ask a student who has the NIV version to read it aloud, if they don't have the NIV read it below:

Genesis 3:6

⁶When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it.

Where was Adam? With her.

He was with her the entire time and heard the conversation and let her take of the fruit and give it to him – He knew what she was doing and didn't stop her. He was to blame as well, he did not stand up to the serpent, speak up, or stop Eve from sinning! We need to be careful too that when we see other's sin, we help them understand that they shouldn't or we are to blame as well for letting them get into trouble without trying to prevent them.

Ask if there are any questions. If you can, answer, if not tell the child you will study that question and get back to them next week – talk to someone else if needed but ensure you get back to the child.

4) Pointing to Christ Activity Sheet or Color By Number 10 minutes

Hand out Pointing to Christ Activity sheet – one to each older student – along with pencils and Bibles. Hand out a Color by Number sheet to younger students too young to read and write well. Show them what to do and then tell them to listen as you and the older students talk about Jesus and his ability to conquer Satan. Then read the directions for the older students. Go through each of the verses looking them up. Have children fill in the blanks as they go.

Remind students of how these verses from the Old Testament – Point to Christ – the Son of God!

5) Optional: Garden of Eden Word Search 10-15 minutes

Hand out one sheet to each child along with a pencil.

Read the directions and list of words along with the children so they can recognize the words they are searching for. Help children if needed and remind them to put their names on the top of the page. Go through each word on the list and ask students what that word shows about the lesson we studied today.

6) Optional – Snack : 3 Varieties of Fruit**5 minutes**

Hand out a small handful of fruit along with a glass of water or juice to each child. Explain that, **“in Adam and Eve we are not told which kind of fruit was on the tree of the knowledge of good and evil but we know that it wasn’t the fruit we eat today. We are allowed to eat the fruit we have today and they are all healthy and good for us. We will try a few different kinds of fruit today – just for fun to remind us that God let Adam eat every fruit – they had so many choices – but they still went for the one fruit they were not supposed to eat. Let’s not make that same mistake – let’s do what God allows us – but don’t do what God says we should not.** Go through the different kinds of fruit you brought and have the children name each kind, enjoy the fruit and juice and provide a napkin for children to clean their hands. Discuss questions while snacking! Ask students to review what we learned today.

7) Optional – Song**5 minutes**

Have children sing songs with you, you can sing:

1) **Sing the Books of the Old Testament to the Alphabet Song:** Genesis, Exodus, Leviticus, Numbers...etc.

2) **The B-I-B-L-E** The B-I-B-L-E, yes that’s the book for me.
I stand alone on the Word of God,
The B-I-B-L-E.

Chorus

Oh the Bible will never fail, never fail, never fail.
The Bible will never fail – no, no, no!

The B-I-B-L-E, yes that's the book for me.
I read and pray, trust and obey,
The B-I-B-L-E.
(Chorus)

8) Close in prayer

*If desired, ask the children if they have any prayer requests and write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray. Start below if you need help and then add the other prayer requests of the children.

Thank you God that you have given us the chance to learn about the beginning of the world. And, how we can learn that Jesus was at the beginning with You and has always been with You since even before creation. Help us to recognize the importance of Your Words and the events in the Old Testament that help us learn how we should live our lives and learn what things we should avoid in our lives.

Thank you that we can learn from the events of Adam and Eve and the importance of listening to You and obeying Your commands. Thank you for our families that You created from the beginning, thank you for Jesus, Your Son, and Thank you for all the beauty You provide in Your Creation. It is in Jesus’ name, Amen.

Thank you for serving Christ in this way!