Lesson 3: Moses –and Mount Sinai

Objectives: Students will...
1) Study Exodus 19 and see that God commands the Israelites to properly prepare and be consecrated and that Moses and the Israelites prepare to meet God at Mount Sinai
2) See that God has expectations and commands that we must follow including respect for Him and His Son.

Supplies:

Teacher Materials (provided in classroom)
- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- Moses on Mount Sinai Maze – one per student
- Map of Israel's wandering in the desert – one per class to share

Optional:
- Moses and the Israelites Mount Sinai Word Search – one per student
- Draw Your Own Mount Sinai Color Page – one page per student
- Storybook or visuals of this story to show kids (if available)

Snack:
- Trail Mix (check for nut or gluten allergies first) handful for each child
- Napkins for snack one per child
- Juice or water and cup one per child

Lesson:

1) Introduction to Lesson 2-5 minutes
As students enter, welcome them and help find a chair to sit at. Thank them for coming.
Take attendance (using attendance chart supplied). Once children are seated say:

Does anyone remember what we studied last week? Jethro – Moses Father-in-law, came for a visit and gave Moses some wise advice about how to train and help others learn to serve so that they would help God and so Moses wouldn’t do all the work himself and tire himself out completely.

This week we will continue to study the Israelites and see that God wanted them to prepare to “see” Him so that they would learn to fear God and show Him the proper respect He was due. And, to show that Moses would be heard speaking to God and so would always have the Israelites trust in Moses.

2) God Prepares the Israelites to “See” Him 10-15 minutes

Optional: Storybook or visuals of this story to show kids (if available)
Ask children to get their Bibles and turn to Exodus 19. Ask for a volunteer to read from Exodus 19:1-15 or read yourself.

Consecrate: dedicated to a sacred purpose, to make holy – For the Israelites this meant cleaning their clothes, not having special relations with their husband or wife for three days and emotional and spiritually preparing for the sight of God.
Then, ask the following:
What did God tell the Israelites in verse 5? If you obey me fully and keep our promise, I will bless you.

What did the Israelites respond in verse 8? We will do everything the Lord has said.

What do we do when we get ready for church services? Let students answer.

The Israelites were to consecrate themselves – to dedicate themselves to the Lord and be made holy. We are made holy by Jesus Christ when we are old enough and decide to get baptized.

Let’s turn to Hebrews 10:10 and read what it says:

Hebrews 10:10
And by that will, we have been made holy through the sacrifice of the body of Jesus Christ once for all.

So how are we made holy – through the sacrifice of the body of Jesus Christ. So knowing that let’s turn to Hebrews 12:28-29 and read it

Hebrews 12:28-29
28 Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, 29 for our “God is a consuming fire.”

Because Jesus died for us and He will make us holy and pleasing to God when we chose to be baptized, we should be thankful and worship God acceptably with reverence and awe – a healthy respect and admiration for what He has done. So if we are to respect God and show him reverence – how do we do that on Sunday when we come to worship God and Jesus? Dress nice, sit quietly, listen to the sermon and lessons, be on time, sing nicely to God, thank Him in prayer, pay attention when everyone is worshipping God and not playing games or fighting with our siblings while worship is taking place.

If being consecrated and respecting God was important for the Israelites, and we just read in Hebrews that we should “worship God acceptably with reverence and awe for our ‘God is a consuming fire.’” why is it important to dress nice, shower, and prepare our hearts and mind for coming to worship God? Because God said it was important for the Israelites and for New Testament Christians, so we know that it is important for us to respect God and be ready to “see” Him on Sunday.

Mention that just as the Israelites, we do not physically see God as God is Spirit, but we see His presence in our lives, through Creation, the Bible, the truth and facts of the Bible, how God works in our lives, etc.

Let’s turn to 2 Timothy 2:20-22 and read it.

2 Timothy 2:20-22

20 In a large house there are articles not only of gold and silver, but also of wood and clay; some are for special purposes and some for common use. 21 Those who cleanse themselves from the latter will be instruments for special purposes, made holy, useful to the Master and prepared to do any good work. 22 Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart.

What does it say will happen to those that “cleanse” themselves for God? They will be made holy, and be useful to God and be prepared to do ANY good work and be a special instrument for God.

Let’s all pray that we will choose to be clean and respect God and show respect for Him every day – especially Sunday during worship. Let’s choose to cleanse ourselves and be special to God and prepared to do every good thing God has planned for each and every one of us!

Show children the map of where the Israelites travelled.
3) Moses Goes to the Top of Mount Sinai Maze 10 minutes
Hand out one maze to each student. Read the directions aloud and help the students find the start and finish mark before they begin. Then, hand out pencils and let the students help Moses find his way to the top of the mountain.

4) Moses and the Israelites See the Amazing Power of God 10-15 minutes
Optional: Storybook or visuals of this story to show kids (if available)
Ask children to get their Bibles and turn to Exodus 19:16-25 and Exodus 20:18-21. Ask for volunteers to take turns reading, or you can read these verses yourself.

Discussion Questions:
What did God cover Mount Sinai with? Smoke because the Lord had descended on it in fire.
Who did God say Moses should bring with him back to the top of the mountain? Aaron
Were the Israelites afraid? Yes, they said they did not want God to speak to them, because they would die if they heard His voice.
Why did Moses say God had come? To test them, so that the fear of God would be with them and keep them from sinning.
What is one thing you can start doing this week to prepare to be holy? Read Bible, study, pray for guidance, respect God especially during worship, etc.

5) Optional – Word Search 15 minutes
Hand out one sheet to each child, read the directions and each word in the search aloud to make sure each child knows what words they are to look for, in case they have trouble reading.
Hand out pencils and go around the room helping the students find the words if they have trouble.
If anyone can’t find a word, ask the class as someone probably found it and knows where it is.
Ask them as they work, why each word on the list was chosen. How does it relate to today’s study?
When done have students help clean up before moving on.

6) Optional – Draw Your Own Picture Activity 15 minutes
*If you have students who don’t prefer the word search they can draw a picture of what they think Mount Sinai looked like with God descending in fire and smoke and the Israelites in tents afraid at the bottom of the mountain. Hand out one sheet to each child along with pencils and crayons to color. You can read the part in Exodus 19 again which describes the event to help them visualize.

7) Optional – Snack: Trail Mix 5 minutes
Hand out some trail mix to each child along with a glass of water or juice to each child. *Ensure no child has a nut or gluten allergy beforehand. Provide a napkin for children to clean their hands.
Discuss any questions while snacking.

8) Optional – Songs 5 minutes
Have children sing songs with you; choose from the songs in the front of your binder.

9) Close in prayer
Pray that we desire to be holy and worship God acceptably. That we grow in our knowledge and love for Him and that we take steps to be holy people, pleasing to the Lord.