

Preschool Spring
Lesson 4:
Jesus Helps a Man to Walk

Objectives: Students will...

- 1) Learn that Jesus is God's Son
- 2) Discover that Jesus has the power to heal – **Mark 2:1-12**
- 3) Recognize that Jesus can do special things because He is the Son of God
- 4) See that Jesus helps us too and the fact that we should help others as well

Accommodations: How will I accommodate individual needs of students?

- See Lesson 1 for ideas

Supplies: Check with coordinator to ensure supplies are ready.

Teacher Materials (provided in classroom)

- Pens/Pencils
- Bible (please bring your own)
- Crayons/Pencil Crayons
- Attendance Sheet
- Stickers – enough for each child to have one every lesson for 13 lessons
- Jesus Helps Man Walk Visual Aid – one per class to share
- Man Who is Lame Doll Template – one per student – 4 on a page cut out before class
- 4 x 10 inch brown paper rectangle – one per student for man's mat
- Green construction paper folded in half and cut – one half sheet per student
- Brad or paper fastener – one per student
- Scissors and ruler for teacher to cut sheets
- Marker – one for class to share
- Jesus Helps Me Too Sheet – one per student

Optional Activities

- Jesus Helps Man Walk Color Pages 1 and 2 – one set per student
 - "Down through the Roof" Arch Book – ordered online
<http://www.amazon.com/Down-through-Roof-Arch-Books/dp/0570075629> or borrowed from library
 - 4 x 6 inch file card or construction paper – one per student
 - 4 x 4 inch felt or flannel cloth – one per student
 - White Glue – to share
 - Pipe Cleaners or Chenille Wire – 5-6 pieces per student
 - Scissors for teacher to cut pipe cleaners/chenille wire and box
 - Box with lid – before class draw a door but don't cut it out, draw steps going up the side of the house. Cut a section of the lid to make a hole in the "roof"
 - Marker – to draw on box
 - Play Dough – enough for each student to get one color
 - Snack – Fruit Roll Up or Rectangle shaped crackers – to represent mat
 - Napkins
 - Cups with water
 - Puppet to tell students the real events from the Bible
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Lesson:

1) Introduction to lesson:

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance (using attendance chart supplied). Let each child put a sticker beside their name for this week. Have them sit around the table.



*Optional: Print and show visual aid and color pages to students while you wait for all to arrive.

As you wait for all students to arrive, ask students: **what do you see in the pictures?**

Man on a bed, people carrying him, man getting up, going up on the roof, etc.

Who do they think Jesus is in the pictures? What do they think He is doing?

Tell students: **Today we are going to talk about Jesus. Jesus is God's Son – He is very special and we will see that He helped a man to walk!**

Let's sing some songs about Jesus.

Jesus is the Son of God

Tune: London Bridge

Jesus is the Son of God, Son of God, Son of God.
Jesus is the Son of God. Thank you God for Jesus!

Jesus helped His friends catch fish, *
Friends catch fish, friends catch fish.
Jesus helped His friends catch fish,*
Thank you God for Jesus.

- *replace star with other verses as weeks go by
3. Jesus stopped a storm at sea, etc.
 4. Jesus made the blind to see, etc.
 5. Jesus made a sick man well, etc.

Jesus Helped a Man to Walk

Tune: Mary Had a Little Lamb

Jesus helped a man to walk, man to walk, man to walk.
Jesus helped a man to walk for Jesus is God's Son.

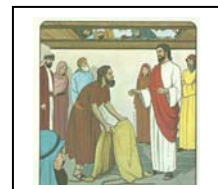
So far we talked about Jesus helping some fishermen. He helped them catch a lot of fish, He helped them by stopping a storm! Then we studied that Jesus helped a blind man to see! This week we will see that Jesus helped a man to walk. Let's read from the Bible how!

2) Jesus Heals a Man Who is Lame and Visual Aid

10 minutes

*Optional: Use visual aid to show students the account of Jesus helping the blind man to see

*Optional: Have a puppet to help tell the story!



*Optional: Prepare before class the box with lid – before class draw a door but don't cut it out, draw steps going up the side of the house. Cut a section of the lid to make a hole in the "roof" have sitting on table while telling the story below.

Use puppet or your fingers and say:

Someone wants to visit a person in this house. He is walking all around the house (take puppet or fingers and "walk" around the house) **but he can't get in! He has an idea! He's climbing the stairs and is making a hole in the roof** (pretend to climb stairs and remove pre-cut section of lid.) **And in he goes!** (Pretend fingers or puppet go into house) **Let's read about some friends who did just that!**

Have your Bible open and read **Mark 2:1-12** from the paraphrased version below – there are actions to go with it.

Let's all listen very carefully while I read a special story about Jesus from the Bible – God's Word!

Jesus was teaching inside a house. The house was full of people who had come to hear Jesus. There were so many people there was no place to stand, not even outside the door!

Now there was a man who couldn't use his legs – he couldn't walk. He knew Jesus was nearby. He wanted to see Jesus and ask Jesus to make his legs well.

Friends of the man said, "We will carry you to Jesus!" And so they did! (Pretend to put a man on your hand – take two fingers and lay them on other hand as if the hand were a mat.)

But when the men got to the house they couldn't get in! They tried to get near the door and the windows but there were too many people. Finally the friends had an idea! They climbed the outside stairs and took the man up to the roof of the house! (Pretend to take the man in your hand and "carry" him to the box roof lid.)

Then they cut a hole in the roof and lowered their friend inside. (Remove precut hole and pretend to lower man through the hole)

Jesus saw the man who couldn't walk. He said "Pick up your mat and go home." (Show visual aid to students)

The man got up! He could walk! Jesus had made his legs well. Everyone in the room was amazed! The man and his friends were very happy! (Show a big smile on your face as if you are amazed and happy)

Jesus can do wonderful things because He is God's Son! We can tell others about the wonderful things Jesus has done! We can help others just like the man's four friends did.

Let's show where Jesus was teaching. (Make a house shape with hands by touching finger tips together.)

Let's show how many people came to hear Jesus teach. One person? Hold up one finger. **Two people?** Hold up one finger on each hand. **No! Many people!** Wiggle all your fingers.

Someone came to see Jesus. He needed help. Let's show the man who couldn't walk. Have children take turns lying down as if on a mat.
Jesus made the man well. Let's show the wonderful thing Jesus did for the man. Ask children to get up and stand.
Who helped the lame man? Jesus did!
Who can say who Jesus is? Jesus is the Son of God!

Show the pictures of visual aid and color pages.
Talk about the story and ask them what they remember as they look at the visuals.

Who is teaching?

Why were so many people there?

Who is on the roof?

What happened to the man on the mat?

Say: "**The four friends' actions helped their friend. Our actions can help people.**"

What are ways we can help others who are in need? Let students respond: pray for them, make some food for them, read the Bible with them, bring them to church, make a gift for them or a card, etc.

Let's all sing some songs about Jesus!

Sing:

Jesus is the Son of God

Tune: London Bridge

Jesus is the Son of God, Son of God, Son of God.
Jesus is the Son of God. Thank you God for Jesus!

Jesus helped His friends catch fish, *
Friends catch fish, friends catch fish.
Jesus helped His friends catch fish,*
Thank you God for Jesus.

*replace star with other verses as weeks go by

3. Jesus stopped a storm at sea, etc.
4. Jesus made the blind to see, etc.
5. Jesus made a sick man well, etc.

Jesus Helped the Four Men's Friend

Tune: "Twinkle, Twinkle, Little Star"

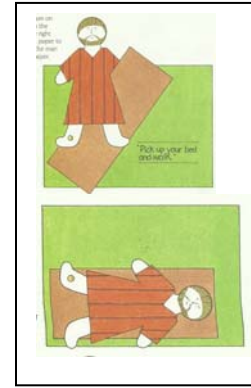
Jesus helped the four men's friend
Jesus helped the man to walk
There are Bible words that tell
Jesus helped make people well
Jesus helped the four men's friend
Jesus helped the man to walk

Thank class for singing and then have them sit at the table for the next activity.

3) Man Who is Lame Craft with Doll

10-15 minutes

Before class: Cut out doll templates – one per student and 4 x 10 inch brown paper rectangle – one per student for man's mat and green construction paper folded in half and cut – one half sheet per student. Gather crayons and a brad or paper fastener for each student as well as a marker.



During class: Hand out one doll to each student. Using crayons, have them draw a shirt and pants, eyes, nose, mouth, hair, etc. Help if needed. Hand out one half sheet of green paper to each student so that it is longer than it is tall. Lay the bed (brown paper) across the bottom part of the paper as shown in the pictures above. Lay the man on top of the bed. Push the fastener through the right foot, bed, and green paper to attach the bed and the man to the background green paper.

To show what happened when the man trusted in Jesus, stand the man up by swinging the figure on the fastener. Then swing the bed up and tuck it under his arm!

Underneath the brown mat write in marker for each student: Pick up your mat and walk. Mark 2:1-12. Let students practice laying the man down and then helping him stand up while you finish writing the words on each students craft.

4) Jesus Helps Me Too Activity Sheet

10-15 minutes

Hand out one sheet to each student. Ask students to name the objects on the right side of the page; then guide them in discovering which ones match objects in the picture on the left. If desired, have them take a crayon and draw a line from the object to where it is located on the left side of the page. Allow them to scribble color while you talk about the ways the Lord helps us when we are sick.



Jesus answers our prayers when we pray to him when we are sick. He answers our prayers in a way that Jesus knows is best for us. He can help the doctors and your mom take care of you and Jesus can help you to get better. When you are sick, the Lord helps your family and doctors take good care of you. Just like Jesus helped the man who could not walk – Jesus can help us too! We can help others who are sick too, by praying for them as well! Jesus is God's Son and He loves us!

5) Optional: Sit, Sit Walk Action Game

5-10 minutes

This is a variation of the game: Duck, duck, goose

*Great to play outdoors if weather is nice. Ensure wherever they play that the area is big enough to run around safely and that the noise they make will not interrupt others.

In this game, kids sit down in a circle facing each other.

One person is "it" and walks around the circle. As they walk around, they tap people's heads and say whether they are a "duck" or a "goose". In this case we will say "sit" or "walk".

Once someone is tapped and the person tapping says "walk" the student who was sitting

gets up and tries to chase the child who is "it" around the circle. The goal is to tap that person before they are able sit down in the "walkers" spot.

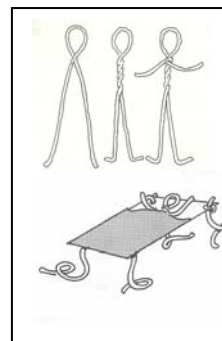
If the walker is not able to do this, they become "it" for the next round and play continues. If they do tap the "it" person, the person tagged has to sit in the centre of the circle.

Then the walker becomes it for the next round. The person in the middle can't leave until another person is tagged and they are replaced.

6) Optional: Pipe Cleaner Man with Friends

10-15 minutes

***Before class** cut out or gather file cards that are 4 x 6 inches, 4 x 4 inch felt or flannel cloth – one of each per student, Pipe Cleaners or Chenille Wire – 5-6 pieces per student, White Glue – to share and Scissors for teacher to cut pipe cleaners/chenille wire.



During class: Help students by shaping a 9" pipe cleaner in the middle to form a round, flat head (As shown in the picture). Twist the middle to form a body and take the ends of the wire and make two feet (As shown in the picture). Twist another shorter piece of chenille wire around the body to make two arms (As shown in the picture). Do this for 4 friends and the 1 man for each student. Next, hand out one file card to each student with 4x4 inch felt. Help students put one of the wire people on the card and then with white glue, glue the felt over the three sides of the card (As shown in the picture) leaving the top unglued for the man to go into the bed. Leave to dry but allow students to have the four friends carry the man around and up the stairs of the box house you made earlier. Let them pretend and play while you discuss how nice it was for the man to have friends that would help him and how nice it was for Jesus to help him too! Once glue dries they can put the man in and out of the cloth bed.

Have students help you clean up before moving onto the next activity.

7) Optional: Glad to Walk Play Dough Time

10 minutes

Before class gather play dough – enough so each student can get one color. (Avoid mixing colors as it becomes hard to separate them after class.)

During class hand out one color of play dough to each student and ask them to create different things that we can do with our feet – like a ball to kick, or shoes to wear, or a jump rope to skip with.... Talk about how wonderful it is that we can walk, thanks to God, and how wonderful it is that God's Son Jesus helps those who are in need like He helped the man who was not able to walk.

Discuss also how important it is to help others just like Jesus and the man's four friends did.

When done, ask students to put their play dough creations away. When done, ask students to help clean up. If any student doesn't want to destroy their "creation" have them take a pretend picture with a pretend camera so they have a copy of the creation they made in their mind to help them feel better about putting the play dough away.

8) Optional: Jesus Helps Man to Walk Color Pages

10-15 minutes

Hand out one sheet with crayons to students. While students color ask them to tell you all that they can remember about the event they learned about today from the Bible as they look at the picture such as:



Who is teaching?

Why were so many people there?

Who is on the roof?

What happened to the man on the mat?

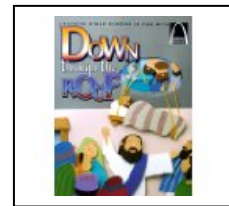
Say: "**The four friends' actions helped their friend. Our actions can help people.**"

What are ways we can help others who are in need? Let students respond: pray for them, make some food for them, read the Bible with them, bring them to church, make a gift for them or a card, etc.

9) Optional: Down through the Roof Book

10-15 minutes

Read the story of Jesus helping the man who was lame from the storybook or allow students to look through the pictures while you read the account from the Bible.



10) Sing

Choose songs from the Songs Pages.

11) Optional – Snack: Mat shaped Fruit-Roll-Up or Crackers

5 minutes

Hand out some rectangle (mat shaped snacks) to each student along with a glass of water. Ask them what they remember learning in the story today that had to do with a mat (as these snacks are supposed to represent). **We are going to each get some mat shaped snacks to help us remember that Jesus was able to heal the man that was brought in on a mat because Jesus is the Son of God. God is wonderful and so is Jesus - God's Son! God's Son is so wonderful that He helped a man to walk. Isn't that amazing? Let's think about how wonderful Jesus is as we eat our snacks.**

After snack have kids clean up. Then move on to the remaining activities.

12) Close in prayer

Tell students that **we are going to pray, to pray we need to put down everything and fold our hands and bow our heads like this** (show students). **This way we can hear and listen to the prayer and when we sit quietly and focus on God – it makes God happy! We learn this in God's Word the Bible and we need to obey God.**

First: Ask if there are prayer requests that kids want to share. Make a list. Then give the list to the assistant or read yourself.

Second: Remind students to fold hands and bow heads then pray:

Thank You God for Jesus Your Son. Thank You God that Jesus helps us as He helped the man to walk. Thank you God for our families, our friends, our pets and our church family too. Thank God as well that we can know that we are safe and in good hands because Jesus is our friend. Thank you God for your Son Jesus who loves us and thank you God for everyone here today and those who could not be here because they were sick or away. We pray for those who are sick that you will make them better. We pray you will bring us all back to Sunday school next week safely. In Jesus name, Amen.

13) Remind students

To take home any sheets or crafts. Thank them for coming and ask them to help clean up before they leave.

14) Greet Parents at door

Ensure all students go to parents or if some students remain kindly ask them to go to their parents.

Thank you for serving Christ in this way!