

Lesson 5: David & Goliath

Objectives: Students will...

- 1) Understand that when we follow God, He can use us to do great things - 1 Samuel 17
- 2) Remember that it is not the appearance of a person but their heart that matters.
- 3) See examples of how to stand up to those who try to mock God.

Accommodations: How will I accommodate individual needs of students? See Lesson 1

Supplies:

Teacher Materials (provided in classroom)

- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- David & Goliath Color Page or Visual Aid – one per class and/or one per student
- Lesson Review Visual Aids – one for teacher from lesson 4
- Sword of the Spirit Sheet – one sword per student, two on a page
- Scissors – to share
- David & Goliath Activity Sheets – one set per student

Optional:

- Storybook or visuals of this story to show kids
- Glue Sticks – to share
- Jewels, stickers, glitter, etc. – to decorate sword of the Spirit – enough to share.

Make your own slingshot craft

- 12" piece of string – 2 per student
- Fabric 2" x 1" – 1 per student
- Cotton balls or small foam balls – 5 to 10 per student
- Hole punch – to share
- Scissors – to share

Snack:

- | | |
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| - Grapes (to represent slingshot stones) | enough for each student |
| - Napkins | one per student |
| - Water/Cup | one per student |

Lesson:

1) Introduction to Lesson

5 minutes

As students enter, welcome them and help find a chair to sit at. Thank them for coming.
Take attendance (using attendance chart supplied).

*Have Bibles for those who need them and Lesson Review Visual Aid Sheet to show students
Say to students:

Can I get you to start looking for 1 Samuel now while we continue our introduction?

As a class we have been going through the Old Testament, our focus for the time of the Kings will be in 1 Samuel.

Show the lesson review visual aid sheet.

Can anyone remember what we have studied so far? Look at each picture and see if you can name what happened and what we learned from that lesson.



Lesson 1: Israelites wanted a king and rejected God – we learned we should be content

Lesson 2: Saul is anointed – we learned that we need to watch how people try to influence us and to be a positive influence on others.

Lesson 3: Saul is rejected by God for being disobedient. – we studied that Saul disobeyed God's commands and was punished for his actions. We learned that we need to obey God to please Him.

Lesson 4: David is anointed and chosen by God. – we learned that it is not what you look like that matters but it is what your heart is like that does. David was a man after God's own heart.

Today we will see that through God, David can stand up to a giant and be victorious.

2) David Conquers Goliath

15-20 minutes

Optional: Storybook or visuals of this story to show kids (if available)

Either show students the visual aid, or hand out one to each student to color with crayons while you take turns reading the account of David and Goliath.

Read **1 Samuel 17:1-11** (or have student volunteers take turns) and then ask questions:

Why didn't anyone want to fight Goliath? They were afraid.

***Note:** Goliath was over 9 feet tall! Whereas today, 6 feet is considered very tall.



Read **1 Samuel 17:12-39**

Why was David so brave? He knew God would win the battle.

What did King Saul want David to wear to his fight with Goliath? His heavy, huge armor.

What did David need to protect himself? God – not Saul's armor.

Sometimes people think they need special things or skills to protect themselves – what do they really need? God and trust that He will take care of the situation!

Read **1 Samuel 17:40-52**

How did the Lord help David win the fight? God gave David the skill to be able to defeat Goliath without even getting very close to him using a sling shot.

David believed the battle belonged to whom? God

What has God helped you to do? Be kind to others, help family, brother and sisters, stand up to others and tell them about Jesus, be healthy, skills to learn in school, this all prepares us to serve Him.

***Note – David only fought against Goliath because Goliath was mocking and being disrespectful to God. This does not give us the right to go attack people today. Today Jesus tells us to stand up**

to other's by sharing the truth of the Bible, we stand up to them when we defend God's word with truth and preparation by knowing the Scriptures.

3) Sword of the Spirit Craft

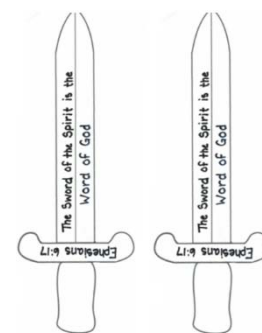
15 minutes

Hand out one sword to each student with scissors. Let them cut it out while you talk. Have crayons/Bibles/decorations such as stickers, glitter, or jewels/ and glue sticks if desired.

Did you know Jesus gives us a sword – a very special sword? Only Christians get to use this sword. It is more powerful than anything else on earth and no one can stand up against it.

The sword Jesus gives us is told in Ephesians 6.

Let's all turn their now when we are done cutting out our swords and read what this amazing sword is.



Read **Ephesians 6:10-17**

God gives us a lot of armor, doesn't he? Is the armor we receive physical or spiritual? Spiritual
What kind of armor does God give us? Spiritual armor – not physical. Just like David didn't need big heavy armor to protect himself, neither do we. The only armor we need is the spiritual armor God provides and that includes truth, righteousness, the gospel of peace, faith, salvation, and "the sword of the Spirit, which is the word of God."

So what is our special sword that only Christians receive and is all we or anyone else ever needs to stand up to the devil and evil people? The sword of the Spirit, which is the word of God.

God's Word is our sword. With His Word, we can conquer any problem by relying on God.

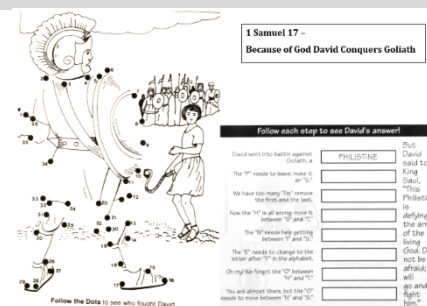
Hand out crayons, allow students to decorate/color their swords. Read the words on the sword and the Bible verse again. **David talked openly to Saul and to Goliath about God – and so should we!** Discuss questions while they decorate.

4) David & Goliath Activity Sheets

15 minutes

Hand out activity sheets to each student along with pencils and/or crayons.

Read the directions aloud and help students as needed. For the math question, remind them they can use their fingers to help count if needed.

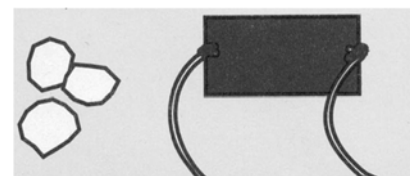


5) Optional: Make Your Own Slingshot

10 minutes

Before class gather supplies (see supply list)

- Punch two holes in the fabric on each end (see picture) you can try to use the hole punch or closed scissors.
- Tie the strings through the holes. That is the slingshot.
- Put a cotton or foam ball into the fabric. Holding the end of each string in one hand, swing it around and around (making sure you have room not to hit anyone around you). Once you have it swinging really well, let one string go.



The cotton/foam ball should go flying across the room. (make sure there is room not to hit anyone in the direction you are letting go.)

6) Optional: Memory Verse

2-5 minutes

For this quarter, each week have the students go to **Psalm 47:7** in their Bibles and read the verse allowed as a class 2 times. Other options include:

- You saying a word and having them repeat it as you go through the verse
- Have students repeat a small phrase ex: “For God is the King of all the earth” a few times before working on the next phrase.
- Have students repeat after each other
- Ask students to think of hand gestures. Ex: Point up when you say “GOD”, pretend to put a crown on your head as you say “KING”, make a circle shape with hands as you all say “EARTH”, etc. and then go through verse as a class with gestures.

Psalm 47:7 says:

For God is the King of all the earth; sing to him a psalm of praise.

Say: **God is King over all the earth. Even though God gave the Israelites a king, God still ruled over the Israelites and their king. God created the world, and He rules over all of it. Any power that any king or ruler has, even today, is only what God gives. God has power over any enemy. God can protect Himself and us, for He is King of all.**

7) Optional: No Bullies Story

5 minutes

Read the scripture and story to class.

Hebrews 13:6

So we say with confidence, “The Lord is my helper; I will not be afraid. What can man do to me?”

No Bullies

Is there someone in your life who intimidates you? It could be a classmate, a sibling, or someone you don’t even know but have to walk by every day on your way to class. Whoever it is that’s trying to make you feel inferior, that person no doubt feels inferior him- or herself.

Yet, knowing why some people intimidate others doesn’t make their actions any easier to tolerate, does it? Over the years I’ve had to deal with bullies who’ve easily intimidated me. I have a “peace at any cost” personality, so it takes an awful lot before I’ll finally stand up for myself. The older I get, though, the more I realize that there are times when we need to hold our ground. The years we waste being a doormat (which isn’t what God called us to be) would be better spent following our true calling.

Jesus was meek, but I don’t think anyone would classify him as weak. Jesus was a man of peace, but I’ve never heard him described as a pushover. There is a difference, then, between willfully seeking peace from a position of strength and being intimidated into peace from a position of fear.

God covers the subject of bullies in Hebrews. He tells us that we don’t have to be afraid of them. Our hope, our trust, is in Him; therefore, we needn’t fear what anyone else can do to us.

Bullies appear throughout the Scriptures. They showed up in families. Joseph’s brothers were bullies. Bullies showed up on the religious scene. The Pharisees could be classified as bullies because they kept trying to make Jesus look foolish in front of the people. In each instance, though, the faithful stood strong on their faith and it was the bully who was eventually humbled.

In Hebrews, we learn that we don't have to allow someone to intimidate us into doing something we shouldn't do, or into **not** doing something we should do. He reminds us that God is our Helper, and we needn't live in fear of anyone. Not even a bully.

Do you have a bully in your life? If so, are you praying for them to overcome their insecurities so that they will no longer feel the need to bully? Are you allowing him or her to keep you from living your life to its fullest potential?

*No one would bully you if they could see who had have backing you up!

(Taken from *Enter into God's Rest...But Not in English Class* by Martha Bolton)

Hebrews 13:6

So we say with confidence, "The Lord is my helper; I will not be afraid. What can man do to me?"

8) Optional – Snack: Grapes (Slingshot Stones)

5 minutes

Hand out snack to each child along with a glass of water or juice to each child. Explain that, **"Today we learned that David stood up to Goliath because of his trust in God. What did he use? A slingshot. These grapes represent the stones that David put in his slingshot to defeat Goliath.** Provide a napkin for children to clean their hands. Review with students by asking them questions from the lesson again and discuss any questions they have while snacking.

9) Optional – Songs

5 minutes

Have children sing songs with you from song list.

10) Close in prayer

*If desired, ask the children if they have any prayer requests and write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray.

Thank You Lord for all You provide us. Our homes, families, food, friends, health, love, the Bible, Jesus, our church family, and so much more. God, help us to trust You as You rule over us. No earthly king can compare to the perfect King Jesus whom we have ruling over us. Help us to be content, to trust, to stand up to negative influences and instead be a positive influence to those around us. Help us to totally obey You and walk in Your ways. We pray we will have a heart like You God that is loving, kind, wise, helpful, obedient and fair. Forgive us when we forget whom we have on our side – YOU! In Jesus' name, amen.

Thank you for serving Christ in this way!