

Lesson 7: Moses –and the Ten Commandments – 4th

Objectives: Students will...

- 1) Study Exodus 20 and see that God gave 10 laws for the Israelites; 4 laws concerning God and 6 laws concerning how to treat others.
- 2) Study the 4th commandment God gave the Israelites and how it relates to the New Testament.
- 3) Play games and do activity sheets to help remember what Jesus says was the greatest command and to help memorize the 10 commandments God gave to the Israelites.

Supplies:

Teacher Materials (provided in classroom)

- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- Exodus 20 Ten Commandments Poster – one sheet printed on white cardstock paper per student use the one from previous lesson.
- Match the Commandments Activity Sheet – one per student
- Match the Old with New Testament Commandments – one per student

Optional:

- Greatest Commandment Break the Code Sheet – one per student (if did not complete yet)
- Song lyrics to Ten Commandment Song –one per student
- Ten Commandments Card Game Set 1 and 2 – Print one set per student on white Cardstock paper
- Scissors
- Plastic or paper lunch bags or sandwich bags to put the sets of cards in.

*For the card game you can make a set for each child to take home and a master set or two to keep so you can continue playing cards as the weeks go on as you have time to reinforce the memorizing of the Ten Commandments.

Snack:

- | | |
|---|---------------|
| - Small Fruit (grapes or strawberries) (to represent 4th Command) | 4 per child |
| - Napkins for snack | one per child |
| - Juice or water and cup | one per child |

Lesson:

1) Introduction to Lesson

2-5 minutes

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance.

Does anyone remember what we studied last week? We studied the third commandment of the Ten Commandments God gave the Israelites through Moses on the mountain of Sinai.

Can anyone recite the third commandment from Exodus 20:7? You shall not misuse the name of the Lord your God or Do not say the Lord's name in vain.

2) The Fourth Commandment

15 minutes

Ask children to get their Bibles and turn to Exodus 20. Ask for a volunteer to read from **Exodus 20:1-11** or read yourself. After you have finished the reading, say:

These first four commandments are focused on God and how the Israelites were to worship and serve Him.

What was the fourth commandment? Remember the Sabbath day by keeping it holy.

Let's read **Exodus 20:8-11** again

What was the Sabbath day? The last day of the week and the day God rested from all His work in creating the world so He made the last day holy and called it the Sabbath and commanded that the Israelites rest on that day also. The last day of the week is Saturday. So the Sabbath was on a Saturday.

2018 JANUARY						
SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

www.free-printable-calendar.com

Have students look at the calendar and see that today, even though most of us think the week starts on a Monday, it actually starts on a Sunday and ends on the Saturday. This is important to understand the first day of the week is a Sunday and the Sabbath was on the Saturday.

What does that mean – Remember the Sabbath day by keeping it holy? It means doing no work and respecting the fact that God asked them to take a day off to remember and worship the Lord. To enjoy a time of rest, remembering what God has done for them, and being with family. They were to keep it holy by doing things on that day that would be pleasing to God – worship, rest, learning the Scriptures, spending time with family.

Do Christians still keep the Sabbath today? No.

Why? Let's turn to **Deuteronomy 5:12-15** – here Moses is repeating the 10 Commandments to the Israelites. Read it to class.

What does verse 15 say was the reason they were to keep the Sabbath? Because they were slaves in Egypt and the Lord brought them out.

Were Christians slaves in Egypt? No!

We definitely don't need to keep the Sabbath, for it wasn't meant for Christians, but for the Israelites. Also, the New Testament states that we are to worship Christ on a different day. Let's turn to Acts 20:7 and 1 Corinthians 16:2 and read them.

When did the apostles and disciples continue to meet for worship, including the Lord's Supper and giving? The first day of the week – that is Sunday, today! That is why we worship God and Jesus on Sunday and no longer do we follow the Sabbath. Not only are we not Israelites who were to remember coming out of Egyptian bondage, but the apostles confirmed that we are to worship Jesus on the first day of the week, which is Sunday.

This so far is the only command in the Ten Commandments we do not follow today but instead we worship God on Sunday not the Sabbath and we do so by meeting together and taking the Lord's Supper, singing, praying, worshiping, and giving.

So we are still to worship and take time off to remember and enjoy a time of fellowship and worship with God, but we do it on Sunday and not Saturday and we do it to worship Christ, not to remember coming out of Egyptian slavery.

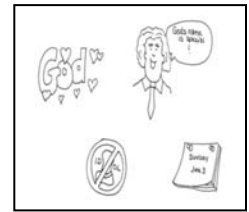
Ask the students if they have any questions before moving on to the next activity.

3) Match the Commandments Activity Sheet

15-20 minutes

Hand out one sheet to each child. Read the directions aloud and help especially younger students match the picture with the right commandment.

When done, go through the questions as a group and have children raise hands for the answers. They can circle the right answers.



When finished clean up and move on to the next activity.

Answers:

1. The word God with hearts all around it
2. The picture of the idol crossed out
3. The picture of the man saying God's name is special
4. Calendar showing Sunday

No

Yes

Yes

No

Yes

4) Optional: Ten Commandments Song

2-5 minutes

Hand out one song lyric to each child from the printed template. Sing the song and practice it to help the children memorize the order and condensed version of the 10 Commandments. You can let them keep the songs if they want to practice over the week, or put them back in your binder to use for the coming weeks to sing at Sunday school.

Exodus 20 "Ten Commandments" (To the tune of Jingle Bells)

No other gods, no idols

Don't misuse God's name.

Keep the Sabbath holy, that's God's special day, HEY!

Honor your Mother and Father

Don't murder, lust or steal

No false tales, no envy this is God's great deal, HEY!

5) Optional: Love the Lord Break the Code Sheet

10-15 minutes

If students did not have a chance to work on this last week, they can do it this week.

There is another great passage in the New Testament that discusses what Jesus stated was the greatest commandment.

Turn to

Mark 12:28-31 and read it aloud.

Then, turn to Matthew 22:34-40 and read that aloud.

What does Jesus say about this commandment in Matthew? All the Law (the Rules handed down to Moses including the 10 commandments and the words of the Prophets spoken in the Old Testament) hang or are based on these two commandments. **So the 10 commandments can be summed up by these two commandments in the New Testament.**

Hand out one break the code to each child, read the directions aloud and help students discover the verse. **Answer: Matthew 22:37-38**

6) Match the New to Old Commandments Sheet

10 minutes

Hand out sheet of each child read the instructions and have students draw or write Jesus Greatest Commandment in the correct spot after you have students turn and read Matthew 22:37-38.

Discuss questions below and if time, let students write or draw in their answers.



7) Exodus 20 Ten Commandments Poster Activity

5-15 minutes

Hand out one page to each child along with markers or pencil crayons. Since most children have already started their posters, hand them back to them to continue working on for this week.

Explain to them that, **“Each week we are going to study a commandment that God gave the Israelites. These were not the only commandments they were to follow, but these would guide them on to how to behave, act, and what attitude they were to have towards God and others. It helps us today as well understand how God wants us to act, behave and the attitude we should have towards Him!**

Today we are going to fill in the fourth commandment. Go to Exodus 20:7 and let’s read it together, then either write the words and/or draw a picture. Any questions? Let’s read the verse and then you can begin.

When students are done have them turn to Mark 12:30 and read what Jesus said was the greatest command. Have students then fill in the poster at the bottom for Jesus Commandment in Mark 12:30

Help students come up with ideas on how to represent this commandment. Go around the room helping students and making sure they only do the fourth box and Jesus greatest commandment. They will do the others in the coming weeks.

8) Optional: 10 Commandments Card Game

10-15 minutes

*You can cut out one set per student in advance, or have them cut out the cards.

The goal of this quarter will be for the students to memorize Exodus 20 – the Ten Commandments and Jesus’ quote in Matthew 22:37-40 of the two greatest commandments we follow today, which help us follow all the other commandments in the Bible. Help them start this week by reciting the first four commandments found in Exodus 20.

Hand out both sets of cards that were printed on white cardstock paper to each child along with scissors. Have them cut out their sets of cards and make a pile.

Once finished, pair up students older with younger or in sets of four to play some card games to help remember the ten commandments.



Choose what game they play from the list below:

Matching: 2 player game - two complete sets of cards

Take two sets of cards, mix them up and place them spread out each face down. Have each student take turns picking two cards – if the card is the same (same picture or same command) they get to keep the set. If they don’t pick a set, the other person gets a turn. Continue until all cards have been

matched and count how many pairs to see who won. As they match – have them look at Exodus 20 to see what the command actually says to help memorize the verse.

Mixing four complete sets of cards for a big card game with 4 players:

Mix the cards. Distribute five cards to each player. The rest of the cards will be placed face down on the middle of the table. The players should each arrange their cards in numerical order. The object of this game is to get four commandments in numerical sequence with no gaps (ex: 1,2,3,4 or 4,5,6,7 etc.) All four cards must be either written or picture cards, but cannot be a mixture of both. The first participant draws a card from the middle and decides whether or not to keep it. That student must discard one of the six cards that he or she now holds. The discard pile should be next to the pile in the middle, but these cards should be placed face up. The next student has the option to either draw from the pile in the middle or from the discard pile. Students should have only five cards at any one time. The victorious player is the first person to get four cards in numerical sequence. The true winners are those students who are learning and memorizing the Ten Commandments ☺

Go “Fish”

Mix the cards. Have one to two complete sets for two players. Distribute 5 cards to each player. Put the remaining cards face down in the middle of the table as a pile from which to draw. Each player looks at his or her cards and lays down any exact pairs that he or she might have. Written activity cards can only be paired with written if using two complete sets, otherwise match written to picture. The student who did not distribute the cards gets to go first and ask the other student for a card to match one he or she already has in their possession. If that person has the card, it must be handed over. That student then lays down the matching pair and may continue to ask for a matching card as long as he or she continues making matches. If the student does not receive a card that makes a match, he or she draws a card from the pile and may try to match it to a card in his or her possession. If it does match, the student may draw again. If no match is made, that student’s turn is over. When a player runs out of cards, two more should be drawn from the pile and the game continues until all cards are paired. The victor is the one with the most pairs.

This may take a few weeks to do so let the students take the game home and practice at home.

Remind them to: **Use your Bible to make sure you are memorizing correctly. Try saying the whole verse every time you match a command with a picture.**

You can make and keep a few sets for school so students can play again if there is time in the coming weeks to practice memorizing the Ten Commandments.

9) Optional – Snack: 4 Grape or Strawberries

5 minutes

Hand out 4 pieces of fruit to each child along with a glass of water to each child. State that **each week as we go through the Ten Commandments we are going to have a snack that matches the number we are studying. So this week we will have 4 pieces to represent the fourth commandment:**

Exodus 20:8 Remember the Sabbath day by keeping it holy.

Today we know that Jesus instituted a new day to worship God – Sunday the first day of the week and we come together every Sunday to worship God and His Son.

*IF need reminders turn to Hebrews 10:24-25 and Acts 20:7 and 1 Corinthians 16:2 to show that we should meet every first day of the week to encourage each other, take the Lord’s supper and give. Provide a napkin for children to clean their hands. Discuss any questions while snacking.

10) Optional – Songs**5 minutes**

Have children sing 10 Commandments song or learn the songs of the Old Testament by singing the Old Testament books of the Bible to the tune of the Alphabet song.

11) Close in prayer

*If desired, ask the children if they have any prayer requests and write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray.

Thank God that He teaches us how to make Him happy and in turn make our lives happy as well by following Jesus and God's good commandments. We pray that we will always remember the importance of attending church on Sunday and will come every Sunday that we can. Pray that God will help us grow in our knowledge of Him and Jesus and that They will help us as we strive to do Their will in our lives. We also pray that we will remember to tell others about how wonderful God and Jesus are and invite them to church. In Jesus precious and holy name, Amen.