

Lesson 8: Moses –and the Ten Commandments – 5th

Objectives: Students will...

- 1) Study Exodus 20 and see that God had laws for the Israelites that included 4 laws concerning God and 6 laws concerning how to treat others.
- 2) Study this week on the fifth commandment God gave the Israelites and how it relates to the New Testament and Jesus
- 3) Play games and do activity sheets to help remember what Jesus says about honoring our parents or caregivers and to help memorize the 10 commandments God gave to the Israelites.

Supplies:

Teacher Materials (provided in classroom)

- Bible(s)
- Markers/Pencil Crayons
- Pens/Pencils
- Attendance Chart (See Template)
- Stickers for Attendance
- Exodus 20 Ten Commandments Poster – one sheet printed on white cardstock paper per student use the one from previous lesson unless a new student arrives then hand them a new one.
- Ways to Honor Those Who Care for Us Color Page – one per student

Optional:

- Song lyrics to Ten Commandment Song –one per student
- Ten Commandments Card Game Set 1 and 2 – Print one set per student on white cardstock paper if you did not already do so from last week.
- Scissors
- Plastic or paper lunch bags or sandwich bags to put the sets of cards in.

*For the card game you can make a set for each child to take home and a master set or two to keep so you can continue playing cards as the weeks go on as you have time to reinforce the memorizing of the Ten Commandments.

Snack:

- | | |
|---------------------------------------|---------------|
| - Crackers (to represent 5th Command) | 5 per child |
| - Napkins for snack | one per child |
| - Juice or water and cup | one per child |

Lesson:

1) Introduction to Lesson

2-5 minutes

As students enter, welcome them and help find a chair to sit at. Thank them for coming.

Take attendance (using attendance chart supplied). Once children are seated say:

Does anyone remember what we studied last week? We studied the fourth commandment of the Ten Commandments God gave the Israelites through Moses on the mountain of Sinai.

Can anyone recite the fourth commandment from Exodus 20:8? Remember the Sabbath day by keeping it holy.

Do we keep the Sabbath day today? No, because Jesus through the apostles tells us as Christians we are to worship God on the first day of the week – Sunday. (See Acts 20:7 and 1 Corinthians 16:2 if students have questions about this who missed last week. This, so far, is the only of the 10 Commandments that Jesus did not restate we follow in the New Testament. We know we worship on

Sunday not the Sabbath. For only the Israelites who were slaves in Egypt were to keep the Sabbath. (Deuteronomy 5:12-15).

2) The Fifth Commandment

15 minutes

Ask children to get their Bibles and turn to Exodus 20. Ask for a volunteer to read from **Exodus 20:1-4, 7-8 and 12** or read yourself. After you have finished the reading, say:

These first four commandments are focused on God and how the Israelites were to worship and serve Him. We will now look at how God wants us to treat others. In verse 12 God mentions the first people we will be dealing with.

What was the fifth commandment? Honor your father and your mother.

Why does God say to do that? So you may live long.

So who are we focusing on today? Our parents or for some of us our caregivers. Anyone who raises us, takes care of us and helps us with our day to day lives.

What does the word Honor mean? Let children come up with ideas.

Honor: To fulfill (an obligation) or keep (an agreement). To regard with great respect. To show high respect; esteem. To consider having them in your life as a privilege or pleasure.

How do we keep an agreement and fulfill an obligation with our caregivers? We obey and do what we all agreed to do – as long as it is a godly thing – example attend church on time every week, do homework before going out to play, do chores without having to be asked every time, etc.

How do we treat our caregivers with great respect? We treat them nice, we try and help when we can, we hug and say I love you, etc.

How do we show to ourselves, them and others that they are a privilege or pleasure in our lives? We tell them, we thank God for them every day, we pray for them, we obey them, we tell others how happy we are to have them in our lives, we do nice things for them, we speak nicely of them.

Let's read **Exodus 20:12** again together out loud.

Even though God gave the Israelites 10 Commandments – that was not the only rules. God went into much further detail after that to explain how to treat slaves, thieves, the tabernacle, etc. The 10 Commandments were important to the Jews – but they were not the only thing they followed.

Let's look to Jesus and the New Testament to see what He and the apostles said we should do in regards to honoring our mother and father:

Let's turn to and read

1 John 5:2

By this we know that we love the children of God, when we love God and observe His commandments. For this is the love of God, that we keep His commandments; and His commandments are not burdensome.

Not just 10 commandments or 16 or 8 but all the commands that Jesus and God have blessed us with to help us lead godly and blessed lives!

Jesus recites the last 6 commandments – with a twist on the last. Let's turn to and read

Matthew 19:16-19

16 Just then a man came up to Jesus and asked, "Teacher, what good thing must I do to get eternal life?"

17 "Why do you ask me about what is good?" Jesus replied. "There is only One who is good. If you want to enter life, keep the commandments."

18 "Which ones?" he inquired.

Jesus replied, "'You shall not murder, you shall not commit adultery, you shall not steal, you shall not give false testimony, 19 honor your father and mother,' and 'love your neighbor as yourself.'"

Does Jesus say we need to honor our father and mother? Yes!

Now let's turn to Romans 13:8-10 and read what Paul the apostle says as well.

Romans 13:8-10

8 Let no debt remain outstanding, except the continuing debt to love one another, for whoever loves others has fulfilled the law. 9 The commandments, "You shall not commit adultery," "You shall not murder," "You shall not steal," "You shall not covet," and whatever other command there may be, are summed up in this one command: "Love your neighbor as yourself." 10 Love does no harm to a neighbor. Therefore love is the fulfillment of the law.

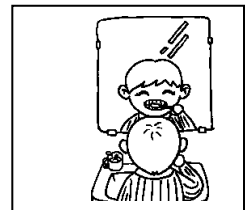
How does Jesus and Paul say we fulfill these laws? Love everyone – neighbor, friend, family, parents, caregivers, enemies, EVERYONE! Because love is the fulfillment of the law.

Ask the students if they have any questions before moving on to the next activity.

3) Honor our Caregivers Activity Sheet

15-20 minutes

Hand out one sheet to each child. Say to students: **To help you realize some ways you can honor your caregivers/parents, let's go through the following sheet together.** Read the directions aloud and discuss each picture as students color the page. **What is the child doing that shows honor to their caregiver?** At the bottom if there is time, let them color or draw one or two things they will start doing to honor their mother, father, or caregiver this week.



Answers: Going to bed when asked, doing homework responsibly, helping with chores, eating supper as asked, brushing teeth, giving a hug, saying I love you or thank you.

Extra ideas: cleaning room, saying "Good morning", calling home to ask permission, going to church and being on time, etc.

What is one thing you can do today and everyday this week to honor your mother and father?

Go around the room and let them say what good thing they can do or say to show honor to their parents.

4) Exodus 20 Ten Commandments Poster Activity**5-15 minutes**

Hand out one page to each child along with markers or pencil crayons. Since most children have already started their posters, hand them back to them to continue working on for this week. Explain to them that, **“Each week we are going to study a commandment that God gave the Israelites. These were not the only commandments they were to follow, nor are they only the commandments we need to follow today but they were the main ten principles the Israelites were to follow and these would guide them on to how to behave, act and what attitude they were to have towards God and others. It helps us today as well understand how God wants us to act, behave and the attitude we should have towards Him!**

Today we are going to fill in the fifth commandment. What is the 5th Commandment from Exodus 20:12? Honor your father and your mother.

Now either write the words and/or draw a picture to show a way you will honor your caregivers/parents this week! Any questions?

Help students come up with ideas on how to represent this commandment. Go around the room helping students and making sure they only do the fifth box. They will do the others in the coming weeks.

5) Optional: Ten Commandments Song**2-5 minutes**

Hand out one song lyric to each child from the printed template. Sing the song and practice it to help the children memorize the order and condensed version of the 10 Commandments. You can let them keep the songs if they want to practice over the week, or put them back in your binder to use for the coming weeks to sing at Sunday school.

Exodus 20 “Ten Commandments” (To the tune of Jingle Bells)

No other gods, no idols

Don't misuse God's name.

Keep the Sabbath holy, that's God's special day, HEY!

Honor your Mother and Father

Don't murder, lust or steal

No false tales, no envy this is God's great deal, HEY!

6) Optional: Parent Says (Version of Simon Says Game)**10 minutes**

Instead of playing Simon says, play Parent says. The idea is you ask the students to do different things that would show honor to their parents/caregiver. If you say “Parent says” – they do the activity. If you just say an activity they should not do it because you didn't say “Parent says”.

Here are some ideas to get started, you can add your own as well or have students take turns being the person that picks what the others do that show honor.

- Parent says clean your room (pretend to clean)
- Parent says go to bed (lay down and pretend to fall asleep)
- Parent says do your homework (pretend to do homework)
- Parent says help your mother (act like they are helping mom with something)
- Parent says stand up straight (practice good posture)
- Parent says eat your supper before desert (pretend to eat)
- Parent says brush your teeth (pretend to brush teeth)
- Parent says give a hug (pretend to hug)

- Parent says say thank you (say thank you)
- Parent says say I love you (say I love you)

7) Optional: 10 Commandments Card Game

10-15 minutes

*The goal of this quarter will be for the students to memorize Exodus 20 – the Ten Commandments and Jesus’ quote in Matthew 22:37-40 of the two greatest commandments we follow today, which help us follow all the other commandments in the Bible. Help them start this week by reciting the first five commandments found in Exodus 20.



Hand out both sets of cards that were printed on white cardstock paper to each child along with scissors. Have them cut out their sets of cards and make a pile. If they did not do this last week. Once finished, pair up students older with younger or in sets of four to play some card games to help remember the ten commandments.

Choose what game they play from the list below:

Matching: 2 player game - two complete sets of cards

Take two sets of cards, mix them up and place them spread out each face down. Have each student take turns picking two cards – if the card is the same (same picture or same command) they get to keep the set. If they don’t pick a set, the other person gets a turn. Continue until all cards have been matched and count how many pairs to see who won. As they match – have them look at Exodus 20 to see what the command actually says to help memorize the verse.

Mixing four complete sets of cards for a big card game with 4 players:

Mix the cards. Distribute five cards to each player. The rest of the cards will be placed face down on the middle of the table. The players should each arrange their cards in numerical order. The object of this game is to get four commandments in numerical sequence with no gaps (ex: 1,2,3,4 or 4,5,6,7 etc.) All four cards must be either written or picture cards, but cannot be a mixture of both. The first participant draws a card from the middle and decides whether or not to keep it. That student must discard one of the six cards that he or she now holds. The discard pile should be next to the pile in the middle, but these cards should be placed face up. The next student has the option to either draw from the pile in the middle or from the discard pile. Students should have only five cards at any one time. The victorious player is the first person to get four cards in numerical sequence. The true winners are those students who are learning and memorizing the Ten Commandments ☺

Go “Fish”

Mix the cards. Have one to two complete sets for two players. Distribute 5 cards to each player. Put the remaining cards face down in the middle of the table as a pile from which to draw. Each player looks at his or her cards and lays down any exact pairs that he or she might have. Written activity cards can only be paired with written if using two complete sets, otherwise match written to picture. The student who did not distribute the cards gets to go first and ask the other student for a card to match one he or she already has in their possession. If that person has the card, it must be handed over. That student then lays down the matching pair and may continue to ask for a matching card as long as he or she continues making matches. If the student does not receive a card that makes a match, he or she draws a card from the pile and may try to match it to a card in his or her possession. If it does match, the student may draw again. If no match is made, that student’s turn is over. When a

player runs out of cards, two more should be drawn from the pile and the game continues until all cards are paired. The victor is the one with the most pairs.

This may take a few weeks to do so let the students take the game home and practice at home.

Remind them to: **Use your Bible to make sure you are memorizing correctly. Try saying the whole verse every time you match a command with a picture.**

You can make and keep a few sets for school so students can play again if there is time in the coming weeks to practice memorizing the Ten Commandments.

8) Optional – Snack: 5 Crackers

5 minutes

Hand out 5 crackers to each child along with a glass of water or juice to each child. State that **each week as we go through the Ten Commandments we are going to have a snack that matches the number we are studying. So this week we will have 5 to represent the fifth commandment: Exodus 20:12 Honor your father and your mother.**

Today we know that Jesus wants us to honor our parents or caregivers by showing respect, love and obeying them when they ask us to do Godly things in our lives. This snack helps us remember that honor your parents is the 5th commandment and helps us have a better relation with others around us!

Provide a napkin for children to clean their hands. Discuss any questions while snacking.

9) Optional – Songs

5 minutes

Have children sing 10 Commandments song or learn the songs of the Old Testament by singing the Old Testament books of the Bible to the tune of the Alphabet song.

10) Close in prayer

*If desired, ask the children if they have any prayer requests and write them down to help you remember. Then ask all children to bow their heads and fold their hands to pray.

Thank God that He teaches us how to make Him happy and in turn make our lives happy as well by following Jesus and God's good commandments. We pray that we will always remember the importance of obeying our parents and caregivers who feed, clothe, and shelter us, bring us to church and help us do things that make God happy. We pray that we will remember to be thankful for what they do for us. Pray that God will help us grow in our knowledge of Him and Jesus and that God and Christ will help us as we strive to do Their will in our lives. We also pray that we will remember to tell others about how wonderful God and Jesus are and invite them to church. In Jesus precious and holy name, Amen.