

Preschool Summer
Lesson 8:
Genesis – Isaac and Rebekah Have Twins

Objectives: Students will...

- 1) Study Genesis Chapter 25: The birth of Isaac's twin boys – Jacob and Esau
- 2) Learn that God wants us to share with our brothers and sisters and visitors that come over.

Accommodations: How will I accommodate individual needs of students? See Lesson 1 for ideas

Supplies: Check with coordinator to ensure supplies are ready.

Teacher Materials (provided in classroom)

- Pens/Pencils
- Bible (please bring your own)
- Crayons/Pencil Crayons
- Attendance Sheet
- Stickers – enough for each child to have one every lesson for 13 lessons
- Jacob and Esau Color Page – one per child
- Tent Template – one for class
- Sheet of Cardboard – one per child to trace tent template onto – cut out before class
- Construction paper – enough to trace tent border – one per child cut out before class
- Scrap ribbons, construction paper, stickers – enough to share and decorate tents
- Scissors to share
- Glue or tape to share

Optional Activities

- Storybook of this event with pictures to show kids (if available) and/or
- Flannel Display Board or Visual Aids of story (if available)
- Real tent or blanket to use as tent
- Jacob and Esau – Create Page – one page per child
- Red yarn or string cut into small pieces for Esau's hair
- Brown or yellow string or yarn for Jacob's hair
- Googly eyes – 4 eyes per child – 2 for Jacob and 2 for Esau (or you can draw eyes instead.)
- Gluesticks to share
- Dolls or Play dough for children to make Abraham, Sarai and family
- Baby Dolls for children to play with and rock
- Snack – Lentil Stew – see recipe below along with Styrofoam cups and spoons for each child (or if unable – a piece of bread for each child to show that Jacob gave bread and stew.)
- Napkins
- Cups with water or milk
- Puppet to tell students the real events from the Bible

Lesson:

1) Introduction to lesson:

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance (using attendance chart supplied). Write each child's name on the sheet

provided. Let each child put a sticker beside their name for this week. Have them sit around the table.

Say to students, **“We learned that Abraham helped Isaac find a wife, by sending his servant to look for a kind woman. Abraham’s servant found Rebekah. She was kind because she helped and cared for Eliezer’s camels and provided shelter for them and Eliezer as well. Rebekah was kind and that pleased God and she became Isaac’s wife!**

This week we will see that Isaac and Rebekah had twin boys – Jacob and Esau!

First let’s sing a song about Isaac and Rebekah’s New Twins

Isaac and Rebekah

Sung to the tune of Here We Go ‘Round the Mulberry Bush

Isaac and Rebekah had twin boys,
Had twin boys, had twin boys.
Isaac and Rebekah had twin boys,
And it made them very happy.

Isaac had to pray to God,
Pray to God, pray to God.
Isaac had to pray to God
To help him start his family.

The boy’s names were Jacob and Esau,
Jacob and Esau, Jacob and Esau,
The boy’s names were Jacob and Esau,
And they were twins.

Jacob liked to stay near the tents,
Stay near the tents, stay near the tents.
Jacob liked to stay near the tents,
And be near his mom.

Esau liked to go out hunting,
Go out hunting, go out hunting.
Esau liked to go out hunting
And he caught wild game.

Isaac and Rebekah had twin boys,
Had twin boys, had twin boys.
Isaac and Rebekah had twin boys,
And it made them very happy.

2) Isaac and Rebekah Have Twins

10-15 minutes

***Optional:** If you have a puppet you can use the puppet to tell the event in the Bible.

***Optional:** if you have a book with pictures showing this story you can show the pictures as you read from the Bible, or if you have flannel characters, etc. you can use those as visuals while reading from the Bible.

***Optional** – Isaac and Rebekah lived in tents. Let the kids help you set up a tent as you tell the story, or if you don't have a tent, use a sheet or two and drape them over a table and crawl inside while you share the story.

***Optional:** Serve Lentil Stew to children while you read the story so they can truly get an idea of what the stew Esau wanted would have tasted like! Recipe and directions are below in the snack section. Serve in a Styrofoam cup with plastic spoon and have napkins or wet wipes handy.

Turn to **Genesis 25: 19** and read

Genesis 25:19-21, 24-26, 28-32, 34.

Jacob and Esau

¹⁹ **This is the account of the family line of Abraham's son Isaac.**

Abraham became the father of Isaac, ²⁰ and Isaac was forty years old when he married Rebekah.

²¹ **Isaac prayed to the LORD on behalf of his wife, because she was childless. The LORD answered his prayer, and his wife Rebekah became pregnant.**

²⁴ **When the time came for her to give birth, there were twin boys in her womb.**

²⁵ **The first to come out was red, and his whole body was like a hairy garment; so they named him Esau. ²⁶ After this, his brother came out, with his hand grasping Esau's heel; so he was named Jacob. Isaac was sixty years old when Rebekah gave birth to them.**

²⁷ **The boys grew up, and Esau became a skillful hunter, a man of the open country, while Jacob was content to stay at home among the tents. ²⁹ Once when Jacob was cooking some stew, Esau came in from the open country, famished. ³⁰ He said to Jacob, "Quick, let me have some of that red stew! I'm famished!" (That is why he was also called Edom.)**

³¹ **Jacob replied, "First sell me your birthright."**

³² **"Look, I am about to die," Esau said. "What good is the birthright to me?"**

³⁴ **Then Jacob gave Esau some bread and some lentil stew. He ate and drank, and then got up and left.**

So Esau despised his birthright.

Ask the following questions:

What was unique about Esau? He was red and hairy.

What does Esau mean? Hairy.

What did Esau like to do? Hunt.

What did Jacob like to do? Stay around the tents.

If someone asks you for food – do you normally give them some? Allow students to answer.

Did Jacob give Esau stew? Yes, but only after making him promise to give him something in return. That was not nice – he should have shared without needing something in return.

Should we share when someone asks us for something? Yes

We need to remember to share our things, when we have extra toys, food, clothes, or anything that can help someone else – we need to remember to share them and not keep it for only ourselves.

Sing:

Father Abraham Song with Actions

(See song sheet in binder for website that shows how song goes.)

Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm! (Wiggle right arm)

Father Abraham had many sons
Many sons had Father Abraham
I am one of them and so are you
So let's all praise the Lord.
Right arm, left arm! (Wiggle right and left arms)

Continue singing song and add right leg, then left leg, turn around, and finally sit down!

3) Jacob and Esau Color Page

10 minutes

*Optional: Take scrap small pieces of construction paper and let children glue them into the bowl that Jacob is holding to represent bread and stew.



Hand out one page to each child with crayons. If doing optional activity hand out glue and scrap construction paper as well.

The goal is to help the children share their crayons – if possible put a pile in the middle so that they all have to share them. You may have to encourage or explain to some students who may want to “grab” more crayons than they need why it is important to only take what you need and be willing to share with others as that makes God and others happy.

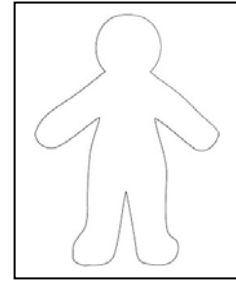
Remind students while they color: **Sharing is important. When someone asks us for something and we have some, we should share. Just like the crayons we have here – we need to all share them and pass them around so everyone can have a chance to color with the crayons they would like to use. We have toys at our home, food that our moms or dads make us and lots of clothes to wear. We need to be willing to share our food, clothes, and toys with our brothers and sisters to show we care. What are some things you can share with your family? Let students answer. What are some things you have had someone share with you? Let students answer. Today we learned that Isaac and Rebekah had twin boys. As brothers they would have to share many things. Let's remember that we need to share without trying to get something in return, but to please God.**

Great job everyone for coloring nice and answering questions and being will to share your things with others.

4) Optional: Jacob and Esau – Create Page

10 minutes

Say, “**Jacob and Esau were twins – meaning they were born at the same time. But even though they were twins they did not look alike. As the Bible said – Esau was red and hairy and Jacob was not. So we are going to create two boys – one will be Jacob and one will be Esau. When you color Esau remember he will be the color red and we will use red yarn for hair as well. Jacob was not red or hairy. Let’s get started.**



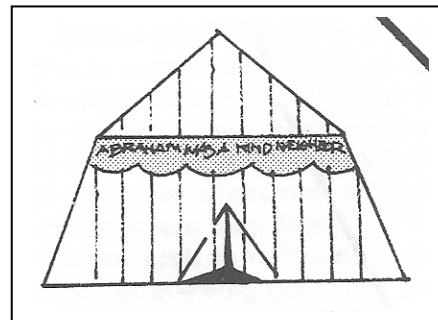
Color and dress Jacob and Esau. Add hair with yarn (red for Esau), use a marker to draw eyes and nose, etc. or use googly eyes and glue on a set of eyes for each twin with glue sticks.

5) Make a Tent Craft

10 minutes

Before class cut out one tent for each child out of cardboard. Also cut out the border out of construction paper. See picture on the right for design.

During class say “**today we are going to make a tent to remind us that Isaac and Rebekah had twins and that one of the twins – Jacob liked to stay near the tents.**



Cut and fold back the doorway or entrance to the tent with scissors so that the tent will stand up with the support of the door. Glue the border cut out from construction paper onto the tent. On the border write: Jacob and Esau

Allow students to color and make designs on the tent.

*Optional: have scrap paper, ribbons, or sticker to decorate the tent.

We made a tent to remind us that Isaac and Rebekah had twins and that they lived in tents during that time. Jacob the youngest, liked to stay near the tents. God is great for blessing Isaac and Rebekah with babies – God blesses our families too! God is great!

6) Optional: Isaac’s Family Play Dolls/Play dough

5-10 minutes

Pass around dolls, play dough or books about Isaac and his family and other things that will help children remember that they learned about the fact that Isaac and Rebekah had twin boys – Jacob and Esau!

Say, “**The Bible tells us that Isaac and Rebekah were blessed with little boys named Jacob and Esau – they were twins. Now we are going to use our dolls or play dough and books and make things or use these things to remember that Isaac and Rebekah had twin boys.**

Let students play with the dolls and books. Help the children take care of baby dolls. And talk about how wonderful it is that God gave Rebekah two babies to love and care for. Ask children to help you clean up before moving onto the next activity.

7) Sing

Choose songs from the Songs section of the binder especially songs about Abraham

Isaac and Rebekah

Sung to the tune of Here We Go 'Round the Mulberry Bush

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Isaac had to pray to God,
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Jacob liked to stay near the tents,
Stay near the tents, stay near the tents.
Jacob liked to stay near the tents,
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Esau liked to go out hunting,
Go out hunting, go out hunting.
Esau liked to go out hunting
And he caught wild game.

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Isaac and Rebekah had twin boys,
And it made them very happy.

8) Optional – Snack: Lentil Stew

5 minutes

*Before class – make or purchase Lentil Stew. For sample recipe see below. Put the soup in a crock pot before church to keep warm. At church hand out one Styrofoam cup of lentil stew to each child along with a spoon. Check to make sure soup is not too hot! If worried – put some in cups 10 minutes before the students will actually be eating to make sure the stew has had a chance to cool down. Hand out a drink as well. Explain that, **“When Esau came back from hunting, he was very hungry –and he asked Jacob for some stew. Let’s eat this lentil stew like Esau did. And let’s remember that it is important to share – when someone asks us for something we need to share.**

What are some things we can share? Let students answer while they eat their stew.

Provide a napkin for children to clean their hands. Discuss any questions while snacking!

Lentil with Barley Stew

Margarine

1 tbsp.

Chopped onion	1/3 cup
Celery	1/3 cup
Veggie broth	3 cups
Uncooked barley	1/3 cup
Canned tomatoes, chopped	2 ½ cups
Red lentils	¼ cup
Basil	¼ tsp.
Salt and pepper	to taste
Bay leaf	1
Carrot, finely chopped	1

In medium pot sauté onion and celery with margarine until tender. Add broth and barley and simmer for 45 minutes. Stir and add tomatoes, carrot, red lentils and spices and simmer for 30 minutes. Stir, remove bay leaf and serve.

9) Close in prayer

Ask all children to bow their heads and fold their hands to pray, then say: Thank You God for the world You made and for showing us people in the Bible who followed You. Thank you God for our families too. We pray also that we always remember to thank God and pray to You God like Isaac did. Help us to share and remember that sharing makes you happy and makes others happy too.

Thank you God for your Son Jesus who loves us too and thank you God for everyone here today and those who could not be here because they were sick or away. We pray you will bring us all back to Sunday school next week safely. In Jesus name, Amen.

Thank you for serving Christ in this way!