

*Preschool Fall*  
*Lesson 1:*  
*Day One – God Created Light*

**Objectives:** Students will...

- 1) Understand that God created light on the first day of Creation
- 2) Do activities to reinforce the idea that God made day and night on the first day of Creation.

**Accommodations:** How will I accommodate individual needs of students?

- Use lots of visuals and actions to keep children's attention.
- Allow them to color a page while you read the story if they are unable to stay focused for very long
- Break up the lesson if needed by singing songs or doing an "active" game in a different order if they need to get up and move around
- Help students stay focused by going through sheets in order and helping them follow by pointing to your page where they should be focused.
- Sit beside children who are fidgety to help them stay focused.
- Learn their names – the best way to get someone back on track is to call them by name
- Remember to say "Please" and "Thank you" this is important for them to learn and see displayed in your actions as well.

**Supplies:** Check with coordinator to ensure supplies are ready.  
All sheets, templates, and booklets will be on website.

**Teacher Materials (provided in classroom)**

- Pens/Pencils
- Bible (please bring your own)
- Crayons/Pencil Crayons
- Attendance Sheets – one set for every 8 students
- Stickers for Attendance
- Songs for Fall Quarter – printed out one set for class
- Creation Booklet
- Flashlight
- Blanket – Optional only use if children are ok going in it as it will be dark
- Small cardboard box (1 box for every 4 students)
- Box Cutout template (4 per page for but only need 1 for every child)
- Gluesticks
- Scissors (1 for each child)

**Depending on time choose some optional activities to do and gather supplies**

- Dark and Light cutout sheet (1 for each child)
- Oreo Cookies and glass of milk for "Dark and Light" snack
- Play dough – enough for each child to get some to play with
- One damp paper towel for each child and place in a Ziploc baggie to help with cleanup for cookies or play dough activity.

**Lesson:**

**1) Introduction to lesson:**

As students enter, welcome them and help find a chair to sit at. Thank them for coming. Take attendance (using attendance chart supplied). Let each child put a sticker beside their name for this week, if a new child arrives put their name on the chart for them. Have them sit on the floor (on

mats if available) close together. Share with students, **"My name is \_\_\_\_\_ and I will be your teacher this quarter. Here is \_\_\_\_\_ my assistant to help. This quarter we are going to learn about Creation and how God made the world. In the Bible are many books. The first book is the book of Genesis – that is the book that shows us about how God created the world."** Hold up the Bible and show them Genesis.

Let's sing some songs to get us started!

### **In the Beginning**

Tune: Farmer in the Dell

God made the world\*. God made the world\*.  
In the beginning, God made the world\*.

(replace world with other words each time:\*light, sea, sky, animals, etc.)

### **God is Great**

Tune: London Bridge

God made all the stars above\*, stars above\*, stars above\*.  
God made all the stars above\*.  
God is great.

(\*lands and seas, fish and whales, dogs and cats)

## **2) Read Day 1 of Creation**

**5-10 minutes**

Once children are seated on the floor, take a blanket, the creation book (you may have to staple it together before class), Bible, and a flashlight. Tell the kids, **"We are going to read the story of Creation in a special way."** Ask the assistant to shut off the lights and put the blanket over all the children and yourself, ensuring that it is not so dark that you cannot read. Read **Genesis 1:1-5** while you show them the picture of the first day. When you get to **let there be light** verse 1:3, turn on the flashlight (not directly at students) so they can now see. Continue telling the story from the Bible. If children are still paying attention, read the account one more time and once the story is done, you can sing "The Light" and use the flashlight to circle around each child as you sing. Then, turn on lights of the classroom and remove blanket.

### **The Light**

The light, the light,  
God said let there be light.  
And then, there was, a beautiful, beautiful light.  
God said let there be light.  
And then there was a beautiful light.  
Because, God said!

**"Today we are going to focus on Day 1 of Creation. God said "Let there be light". Before God said that, the Bible says it was dark. Just like us under the blanket, there was no light, until God made light."**

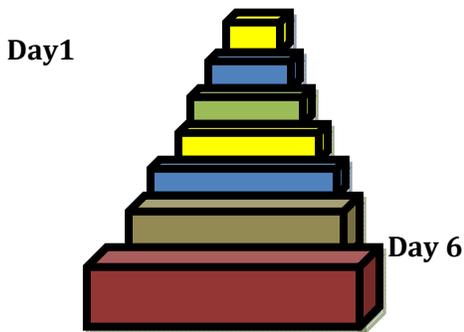
### 3) Creation Box Craft

20-30 minutes

\*Before class gather 6 boxes of various sizes and order them smallest to largest. Today you will use the smallest box. Don't worry if the picture the students draw doesn't fit exactly on the box you have – you can cut to fit, or wrap it around so that it covers more than one side.

Have the students now come to the table to sit, have the teacher assistant hand out one Creation Day 1 sheet to each child. In advance have 6 boxes, one for each day of creation. Start with a small box for Day 1 and then each week children will add other boxes decorated so in the end Day 6, there are six boxes stacked from smallest to largest representing the seven days of creation. This is going to be used for a learning game later on in the quarter. Each child will decorate one side of the box, so you need a set of boxes for every four children. If you have odd numbers, color a sheet yourself so each box gets decorated each week.

Explain to the children, **“Each week as we study creation we are going to color and decorate a box that represents what God made that day. Today we are going to decorate the first box – God created light.”** So color your sheet all in, don't leave any spaces empty, remember that today God created light and separated it from darkness so think of yellows and blacks to contrast what God made. Once we are done, come to me and I will help you glue it on to one side of the box so that all four sides are covered.” \*You may want to hand out yellow and black crayons so children know what colors to use.



Have teacher assistant help kids by handing out crayons and pencils, you may want to buy special “glowing” bright markers for today since it is “light”. Remember each box has four sides that can be seen so ensure there are enough boxes for each child to do a Day 1 sheet and fill up the space on the boxes. You may even allow a child to color more than one, if there is space that needs to be filled if they are done before others. You may also want to team up older kids with younger kids for gluing their sheets on the box. You may need to trim the sheets if they are too big for the box you chose. Ask kids to help tidy up before moving on to the next activity.

While the kids are working do the following:

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Read **Genesis 1:1-1:5** again. If anyone has there Bibles, have them turn and follow along as well if they are done coloring. Then ask the following questions.

- 1) **The Bible says “in the beginning” – does that mean the earth had a beginning?** (Have students raise hands, choose a child or two. Answer should be - yes)
- 2) **Who created the heavens and the earth?** (God)
- 3) **How did God create the light?** (He said or spoke the words and it happened)

Ask the kids:

**How do we create something from nothing? Close your eyes for a minute and think of something you would like to make – a cake, a robot, a car, a doll. Think about making it and now open your eyes, and say let there be ..... (Whatever you were thinking about)**

**Did it work? (Let kids answer) How come? (Let kids come up with ideas)**

**God is special He is the only one who could create the heavens and the earth and everything in it just by saying it. He is amazing and powerful and wonderful. We are so blessed that God made us and made our wonderful world. Remember people can't make something from nothing, we need something to work with, but God can create when nothing existed before! God is the Creator of the world and He is great!**

- 4) **According to the Bible, what did God think of the light He created? (It was good)**
- 5) **What did God call the light? (day)**
- 6) **What did God call the dark? (night)**
- 7) **In verse 5 it says, "There was evening, and there was morning – the first day." How many days did it take for God to create light? (One 24 hour day because it says there was morning and evening the first day – so just like we have morning and evening and call it one day – so God created light in one day as well – the first day of Creation!)**
- 8) **Why is light important? (Allows us to see, helps things grow, etc.)**

**Thank you for raising your hands and sitting nicely.**

**So God is pretty amazing, He said, 'Let there be light', and there was!**

**What He created was good and He did it in one day.**

#### 4) **Optional Activity – Flashlight Game**

**5 minutes**

**To help us remember today that God made light. We are going to play a game. I am going to take my flashlight. And, when I shine it on you, you say, "God made the light!"** Move the light around the room, making sure to not flash it in someone's eyes. When you focus the light on their stomach, remind the child to say, "God made the light!" Make sure each child gets a turn and play again, if they are enjoying this activity. (You can turn off the lights if children enjoy that as well so all they see is your flashlight.)

#### 5) **Optional Activity - Light and Dark Sorting Activity**

**10 minutes**

After kids clean up from making their box craft have them sit at the table. Hand out one light and dark activity sheet as well as a dark crayon or pencil crayon and a yellow or light crayon or pencil crayon to each child.

Explain to the kids, **"To help us remember that Day 1 was the day God created light. We are all now going to go through the list of pictures on the page I just handed out. What are the pictures of? (Have kids raise hands or take turns saying what each picture is.)** Next ask, **"What does each picture remind you of, something you see or do in the light or something you see or do in the dark? (Have the kids raise their hand and tell you whether the pictures should be circled as something you see or do in the light, or at dark.)** Tell the kids, **"put a circle around each picture. A yellow or light circle if it is done or seen in the light and a dark or black circle around the picture if it is done or seen in the dark.**

Ask the kids, **“Please put your name somewhere on the page and if you finish early and have time, you can start coloring the pictures as well while you wait for everyone to finish.”** Help students as needed to write names and circle the correct picture.

**Remember that thanks to God, we can do different activities and see different things depending on if it is light or dark. We should remember to thank God that He made light for us!”**

If you have more time, you can ask the kids while they color, which activities they do in the light and which activities do they do in the dark. (Ideas may be - sleeping, going to school, or walking their pet.) Help children write their names on the page, help them circle the write activities the right color and help them clean up when done.

**6) Optional: Play dough time 10-15 minutes**

Make things that benefit from Day and Night by having children create things with play dough. **\*Only use if you can watch to ensure students do not stick play dough in mouths.**

Explain to the students, **“Today we are going to create something. We are going to create something out of play dough.** Hand out a lump of play dough to each child. **What are some things that need day light?** Have students answer if able, examples maybe puppies, people, plants, cows, etc.

**Let’s make some of these things to help us remember that God made the day so that all of these things would grow and do well in the light!**

**If time, do the same for things that benefit from being in the dark – owls, mice, a bed to represent sleeping in our beds at night, etc.**

When the kids are done, let them ask questions and allow them to take their creation home or put away in the playdough container so next time they can create something else.

**7) Optional: Snack for Day 1 – Oreo Cookies 5-10 minutes**

**“You’ve all done a great job this morning learning about God’s creation. To help us remember, we are going to have a snack.”** Hand out an Oreo cookie and glass of milk or water to each child. Explain, **“The black and white cookie can help us remember that on Day 1 – God created light, today on Day 1 of our lesson we each get one cookie to remember God created light and separated it from darkness. The dark part of the cookie represents darkness and the light part of the cookie represents light. Enjoy!”** Talk about the importance of light and how happy we should be that God made light for us. Review questions that were asked earlier in the lesson if desired. After snack have kids clean up. Then move on to the remaining activities.

**8) Sing 5-10minutes**

Have children sing songs with you, you can sing from the Fall Quarter Songs provided as well as for today since it is about God making light you can sing:

**The Light**

The light, the light,  
God said let there be light.  
And then, there was, a beautiful, beautiful light.  
God said let there be light.  
And then there was a beautiful light.  
Because, God said!

### **9) Close in prayer**

First: Ask if there are prayers that kids want to share. Make a list. Then give the list to the assistant or read yourself.

Second: Thank God that He created the world and that as we learned today, God created light so we can see where we are going and get the light we need to grow things and stay warm. In Jesus' name, Amen.

### **10) Remind students**

To take home their creations and activity sort sheets if they did them. Thank them for coming and ask them to help clean up before they leave.

### **11) Greet Parents at door**

Ensure all students go to parents or if some students remain have teacher assistant help you take them to their parents.

Thank you for serving Christ in this way!