

Lesson Plan 1

I Will Obey

Objective

Students will learn what it means to obey and why we need to. Students will memorize John 14:15 over the next few lessons – If you love me, you will keep my commandments.

Supplies

Teachers and/or Coordinators ensure supplies are ready prior to each class.

Print From the Site:

- Attendance Chart
- Take Home Sheet (one per student)
- I Will Obey Activity Sheet (one per student)
- Listen To The Rules Sheet (one per student)
- Don't Break The Rules Sheet (one per student)
- Bible
- Pens/Pencils/Pencil Crayons
- Stickers (for attendance)

Optional Supplies

Print From the Site:

- I Will Obey Song Sheet (one for class, or one per every 2 students to share)
- Swimming Pool Rules Visual Aid (one for the class to share)
- Snack of your choice along with a cup of water for each student

Teacher Tips

- ★ Some students may have trouble writing/reading so during activities help ensure children understand by reading instructions aloud so they can follow along.
- ★ Sit beside children who can be fidgety or who might distract others
- ★ Check on students and if you notice one has difficulty, offer to help write part of a sentence or a word for them, or repeat the instructions as needed.
- ★ If some questions are too advanced for your group of students, feel free to adjust or minimize the amount of questions asked.

1) Introduction to Lesson

As students enter, welcome them and help them find a chair to sit at. Thank them for coming. Take attendance (using the supplied chart or your own). Let each child put a sticker beside their name for this week.

Share with students, **“My name is _____ and I will be your teacher this quarter.** If you are unfamiliar with their names, ask children to go around the room sharing their name so you can learn them.

This quarter we are going to study the importance of obeying Jesus and those in authority. It is called “I Will Obey”. We are going to look at many different aspects of obedience and why it is important to do that. We’ll look at examples of people from the Bible who followed God and we will look at how we are to obey too.

Let’s get started!

2) Class Time - Importance Of Obeying Jesus

10 minutes

Before class, make sure every student has a bible. Hand some out if needed.

Let’s turn to our Bibles and read John 14:15. Help as needed. ***John is in the New Testament and is the 4th book in the Bible. It is one of the gospels. That means it is one of the books that tell of the Good News of Jesus and His life, death, and resurrection (rising from the dead). In this verse, Jesus is speaking and He says:***

John 14:15 If you love me, you will keep my commandments.

Tell students that ***Jesus is telling His followers that if they love Him, they will obey His Words that He spoke in the Bible. It is the same for us today, if we love Jesus, we will do what He says and obey His commands/words. Jesus has done so much for us. He helped create the earth, you, He came to earth to forgive our sins through His death on the cross, He provides us His Word, the Bible, and helps us know how to live good lives.***

So Jesus says, “If you love me, you will keep my commandments.”

Commandment means a rule to follow. Jesus gave us rules to follow in the Bible. They are to help us and bring us to a closer relationship with God and Jesus.

Ask the students: ***Any ideas as to why we should keep Jesus’ Words/commands?***
Let students answer.

Let’s turn to John 13:13 and see why we can and should trust and obey Jesus.

In this verse, Jesus is talking to His followers and He says:

John 13:13

You call Me Teacher and Lord; and you are right, for so I am.

Jesus is Lord – that means He is above all, the most powerful, awesome Being. He is our Savior, Lord and Master. What He says goes because He created us, keeps us going, loves us, and wants to help us have a relationship with Him!

We obey because we love Him and He is Lord!

Now let’s turn to Psalm 128:1. The writer is saying that those who follow and respect the Lord will be blessed.

Psalm 128:1

Blessed are all who fear the Lord,
who walk in obedience to him.

We follow Jesus and obey Him because He is Lord and He loves us. We love Him and we are blessed and helped by Him when we do. We walk in obedience by following the commands He gave us in the Bible.

3) Activity Time - I Will Obey Activity Sheet

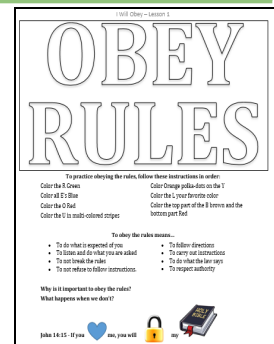
10 minutes

Hand each student the “I Will Obey Activity Sheet” and some crayons/crayon pencils.

Let’s read through the sheet together to help us understand the importance and meaning of obeying the rules.

Read through the first section and have students color the letters correctly. As they are coloring, read through the different list of ways to obey the rules.

When they are all finished coloring and you have checked to make sure they all did them correctly, ask the questions at the bottom and then read through the memory verse two times, helping them by filling in the pictures with the correct word.
Heart = Love; Lock = Keep; Bible = Commandments.



4) Activity Time - Listen To The Rules And Don't Break The Rules 20 minutes

Provide pencils. Read the instructions to the class and then as a group go through the questions and determine the answers.

Discuss why it is important to follow the rules.

Listen to the Rules

We must have rules so we can be safe. Read the instructions. Draw a line through the wrong word for each rule. Find the correct word below. Write the correct word on the line beside the sentence.

- Don't bark while the teacher is talking.
- Drivers should stop at the purple light.
- Raise your hand when you need to speak.
- Bring your skateboard to Bible class.
- Don't play with the dog.
- Look both ways before crossing the street.
- Don't play with matches.
- Don't walk with your feet flat.
- Paint your nails every day.
- Stand when the bus is moving.

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Don't Break the Rules

When you break the rules, there are consequences. Sometimes there is punishment, or sometimes you may be in danger. Read the stories below. Find the picture that shows what the consequence might be for breaking each rule. Write the letter of the correct picture in the blank beside the story.

Rules 1-4

1. Drivers should stop at the purple light. *(Picture: A car at a purple traffic light.)*

2. Don't bark while the teacher is talking. *(Picture: A dog barking.)*

3. Raise your hand when you need to speak. *(Picture: A student raising their hand.)*

4. Bring your skateboard to Bible class. *(Picture: A skateboard.)*

5. Don't play with the dog. *(Picture: A child playing with a dog.)*

6. Look both ways before crossing the street. *(Picture: A child looking both ways.)*

7. Don't play with matches. *(Picture: A child playing with matches.)*

8. Don't walk with your feet flat. *(Picture: A child walking on their feet.)*

9. Paint your nails every day. *(Picture: A child painting their nails.)*

10. Stand when the bus is moving. *(Picture: A child standing on a bus.)*

5) Optional - Activities For Obeying The Rules 15 minutes

Teacher, May I?

Have the children line up at one end of the room. Explain: **When I call your name, I will tell you something to obey. But before you can move, you must ask, "Teacher, may I?" Then once I say, "Yes, you may." You can do the thing I told you to do. If you forget to ask, "Teacher, may I?" before moving, you must go back to the beginning and start over. The first student to get all the way to me wins!** (Examples – take three baby steps towards me, one giant step, 2 bunny hops.) Make sure each child gets a turn each round until one player makes it to you. You can decide to replay it and let the winner be the next "Teacher" if you choose.

Teacher Says

We are going to play Teacher says. When I ask you to do something, I want you to obey. But to do it, you must first hear "Teacher says...". If you don't hear "Teacher says..." then don't do the command. If you do something that Teacher didn't say, you are out of the game. Let's do a practice round. Everyone stand up and give each other some space. Teacher says touch your toes. Teacher says pat your head. Sit on your chair... I didn't say Teacher says! That was a practice, so anyone who made a mistake can join in again, now lets play.

(Examples: rub your tummy, hum a tune, stand on one foot, give yourself a hug, etc.)

6) Optional Activity - Sing 5 minutes

If time allows, choose songs that relate to this lesson from the "I Will Obey Songs" sheets.

7) Optional Activity - Swimming Pool Rules Story

10 minutes

Say: **Listen while I read a story about the importance of obeying the rules.**
(Show visual aid, or have one of the students hold it as you read the story).

It was finally summer, and the city pool was open. The first day it opened was called Splash Day, and everyone got in for half price. Keith, Jessie, and Brandon were the first ones in line when the gates opened. They planned to stay all day. They ran to the diving board. All of a sudden, they heard a loud whistle. The lifeguard said, "Come here, boys. You have already broken an important rule. If you are going to swim here, you have to obey all the rules. Go to the gate, and read the rules. Then you can come back and jump off the diving board."

So the boys went to read the rules. There was a large sign by the front gate that read:

SWIMMING POOL RULES

1. Walk. Do not run.
2. No pushing or shoving.
3. Keep all food and drink in the snack area.
4. One at a time on the water slide.

Question:

What rule did they break? Let students answer - they ran instead of walked to the diving board.

Now that the boys had read the rules, they walked back to the diving board and jumped in the water. Next, they slid down the water slide. They dunked each other and splashed water in each other's faces.

They turned upside down and let their feet stick out of the water. They were having a great time.

"Let's see who can do the funniest dive off the diving board," Brandon said. "Ok!" said Keith and Jessie.

Keith and Jessie walked to the diving board, but Brandon wanted to go first, so he ran to the diving board. His feet slipped on the wet concrete, and he fell down. As he did,



he knocked down a little girl who was standing by the pool watching the people dive. The little girl fell backward and hit her head on the concrete. She cried loudly as her mother came running to check on her.

Suddenly Brandon heard the whistle blow again. The lifeguard said, "Are you all right?" Brandon said, "Yes I am okay." The lifeguard said, "You broke the rule again. Now do you see why we made the rule to walk and not run on the concrete? It is to keep people from getting hurt. Now you are going to have to leave the pool for the rest of the day."

Brandon was so disappointed. He wished he hadn't broken the rule. Keith and Jessie had walked to the diving board, and they were getting to stay for the rest of the afternoon. Brandon called his mom, and he went home.

The rest of the summer Brandon remembered to always walk on the concrete at the pool. Brandon learned how important it was to obey the rules.

Discussion:

Why did the pool have rules?

Why was it important for everyone to follow the rules at the pool?

Name a place you go that has rules. What are they? Why is it important to obey those rules?

What are some of God's rules? Do you obey God's rules?

How can we learn God's rules?

8) Optional Activity - Snack (Your Choice)

5 minutes

Hand out a snack to each student, ensuring you check for allergies first.

Provide a napkin for children to clean their hands if needed. Review with students by asking them questions from the lesson again and discuss any questions they have while snacking. ***What did they like best about today's Bible lesson? What questions do they have about today's lesson? What are some ways they can obey God? Their parents? Their teacher? The Sunday school teacher?***

9) Optional Activity - Memory Verse

2-5 minutes

For the next few weeks have the students go to John 14:15 in their Bibles and read the verse aloud as a class 2 times.

John 14:15 *If you love me, you will keep my commandments.*

Other options include:

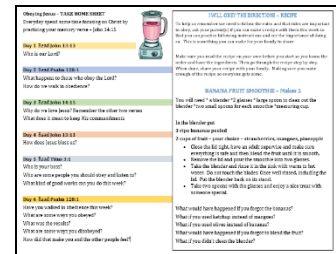
- You saying a word and having them repeat it as you go through the verse
- Have students repeat a small phrase ex: “If you love me” a few times before working on the next phrase.
- Have students repeat after each other
- Ask students to think of hand gestures. Ex: Give yourself a hug when you say “love me”, point to their Bibles when they say “commandments”, etc. and then go through verses as a class with gestures.

Remind students that Jesus is the One speaking. He is telling His followers that if they love Him, they will obey His Words that He spoke in the Bible. It is the same for us today, if we love Jesus, we will do what He says and obey His commands/Words.

10) I Will Follow Take Home Sheet

Remind students to take home their sheet that will help them study throughout the coming week to remember to obey Jesus.

Read the first set of instructions about reading a verse every day of the week and practicing their memory verse as well.



11) Closing Prayer

Ask if there are any prayers the students want to share. Say closing prayer remembering to thank God for His Son and giving us the complete Word of God.