

## Being Content and Giving Thanks for What You Have

Each night this week, take time to list the different temptations you experienced in regards to contentment. Next to that, write down how you decided to react to them and if your reaction was showing Godly contentment. If not, say what you could do to show contentment next time instead.

**Psalm 47:7 For God is the King of all the earth; sing to him a psalm of praise.**

**Contentment:** showing gratitude and being satisfied for what God and others have done for you."

Day	Temptation	How You Showed Contentment
Sunday		
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		

Examples:  
OR

Someone showed me a new game they got.  
Someone showed me a new game they got.

I remembered that I have many very nice games of my own. I thanked God.  
I didn't show contentment, but I will pray now and thank God for what I do have.